

Pancake Flip

Our Key Stage 3 students have been busy learning how to make pancakes as part of their Food Technology lessons. Some of the students have even been experimenting with making gluten-free, egg-free pancakes, to suit those with intolerances. The students enjoyed revisiting their gratifying cooking experiences, flipping the pancakes in the kitchen and particularly enjoyed eating their creations afterwards!



Post 16 Open Evening – Wednesday 30th November

The Rosedale Hewens Academy Trust is excited to announce its Post 16 Open Evening, held to support all local young people in choosing the best possible pathway for success, as they work towards graduating from their secondary education. The evening will aim to guide parents, guardians, carers and prospective students through The Trust's Post 16 offer, where they will be taken on a journey through the four colleges within The Trust and guided through the different curriculum areas, demonstrating what Post 16 teaching and learning looks like, as it is a step up from GCSE. From the wide variety of subject areas on offer, students and their families will be able to gauge the examination boards used, the modules covered in both Year 12 and 13, and will receive a comprehensive overview of what the course demands from its students.

The event promises to be informative and enlightening for all. From the career-focused courses offered at The Trust to our extensive enrichment opportunities, students and their families are invited to join us on Wednesday 30th November at 6:00pm at Rosedale College to find out just what makes Post 16 at The Rosedale Hewens Academy Trust an offer that cannot be missed!

In order to keep the crowds to a minimum, we would appreciate if we could limit the guests to one adult per prospective student. In the meantime, please feel free to explore our Post 16 provision at (<https://trhat.co.uk/explore-post16/>).

Leave of Absence

Student absence during term time will only be approved in exceptional circumstances. Any planned term time leave of absence in such circumstances, must be requested in writing to the Principal prior to any travel arrangements being made. If the absence is not approved, but taken, it will be recorded as unauthorised.

Please be aware that unauthorised absences could result in the issue of a fixed penalty fine and/or prosecution by the Local Authority.

|  November – December 2022 | |
|--|-------------------------------------|
| November | |
| Monday 9th to Friday 11th | International Stress Awareness Week |
| Wednesday 9th | Social Media Kindness Day |
| Friday 11th | Armistice Day |
| Wednesday 23rd | Year 8 Money Twist Workshop |
| Wednesday 30th | Post 16 open Evening |
| December | |
| Friday 2nd | Year 7 Money Twist Workshop |

| | | |
|---|---|--|
|  | Week Commencing: Monday 7th November | |
| | MENU 1 | |

| MONDAY | | |
|--|---|--------------------------|
| Meal Choice 1 | Lamb Curry with Rice | Halal |
| Meal Choice 2 | Teriyaki Chicken with Rice | Halal |
| Meal Choice 3 | Teriyaki Chicken with Rice | Non Halal |
| Meal Choice 4 | Baked Jacket Potato with Various Fillings | Vegetarian |
| Meal Choice 5 | Gluten free Chicken Goujons with Potatoes and Beans | Gluten/Dairy Free |
| Vegetables | Sweetcorn and Green Beans | |
| Dessert Choice | Strawberry Ice Cream and Fresh Strawberries | Fresh Fruit and Yoghurts |
| TUESDAY | | |
| Meal Choice 1 | Spaghetti Bolognese | Halal |
| Meal Choice 2 | Tandoori Chicken Breast with White Rice | Halal |
| Meal Choice 3 | Tandoori Chicken Breast with White Rice | Non Halal |
| Meal Choice 4 | Ratatouille Spaghetti | Vegetarian |
| Meal Choice 5 | Bolognese with Gluten free Pasta | Gluten/Dairy Free |
| Vegetables | Carrots, Peas and White Cabbage | |
| Dessert Choice | Jam Sponge | Fresh Fruit and Yoghurts |
| WEDNESDAY | | |
| Meal Choice 1 | Tuna Pasta Bake | |
| Meal Choice 2 | Chicken Tikka Masala with Rice | Halal |
| Meal Choice 3 | Chicken Tikka Masala with Rice | Non Halal |
| Meal Choice 4 | Macaroni Cheese | Vegetarian |
| Meal Choice 5 | Lightly Spiced Chicken Breast with Rice | Gluten/Dairy Free |
| Vegetables | Broccoli and Cauliflower Florets | |
| Dessert Choice | Lemon Tart | Fresh Fruit and Yoghurts |
| THURSDAY | | |
| Meal Choice 1 | Mexican Chilli Mince Wraps | Halal |
| Meal Choice 2 | Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing | Halal |
| Meal Choice 3 | Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing | Non Halal |
| Meal Choice 4 | Cauliflower and Broccoli Cheese Bake | Vegetarian |
| Meal Choice 5 | Turkey Escalope with Potatoes and Gluten free Gravy | Gluten/Dairy Free |
| Vegetables | Mushy Peas and Sweetcorn | |
| Dessert Choice | Strawberry Jelly | Fresh Fruit and Yoghurts |
| FRIDAY | | |
| Meal Choice 1 | Fish Fingers with Oven Baked Potato Wedges | |
| Meal Choice 2 | Tomato Pasta Bake | Vegetarian |
| Meal Choice 3 | Gluten free Fish Fingers with Gluten free Potato Wedges and Beans | Gluten/Dairy Free |
| Vegetables | Baby Carrots and Peas | |
| Dessert Choice | Fresh Fruit Salad | Fresh Fruit and Yoghurts |
| <i>Please note that all main meals are served with Fresh Vegetables of the Day, Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</i> | | |

Attendance

We would like to remind parents, guardians and carers that research shows there is a clear link between the attendance rate of students and their level of attainment. Please support your child to attend regularly by ensuring that any medical or other appointments are organised out of college hours.

The expectation of the governing body is that all students will achieve a minimum annual attendance rate of 96%. The only circumstances in which absence from college will be authorised are when your child is too ill to attend or permission for leave of absence, due to exceptional circumstances, has been received from the Principal.