



## Achievement Assembly

On Thursday 15th December, Hewens College held Achievement Assemblies where we celebrated and rewarded all the students who had demonstrated fantastic progress and achievement in their learning, as well as in their behaviour, attendance and Alliance points. We would like to congratulate all the high achievers and hope that they strive for the same in the Spring Term



### Group A Streptococcus Information

We have been asked to pass on the following information regarding Group A streptococcus (Strep A). In most cases the common infections caused by Group A streptococcus are mild. They include sore throat, often referred to as strep throat, mild fever, and minor skin infections. In very rare cases, this infection can be more serious and cause invasive disease. While the risk is low, it is important to be aware of the signs and symptoms. These are: Very high fever, Severe muscle aches, Localised muscle pain and unexplained diarrhoea or vomiting.

The UKHSA has advised that there were no reasons for any changes to the school routine and no reason for children to be kept at home if they are well.

BBC has a very good page with information that parents may find useful.

<https://www.bbc.co.uk/news/health-63836093>

In the meantime you may find the attached useful to share

<https://www.gov.uk/government/publications/scarlet-fever-symptoms-diagnosis-treatment/scarlet-fever-factsheet>

Information for schools:

Management of scarlet fever outbreaks in schools (publishing.service.gov.uk)

### Mobile Telephones


Whilst the College accepts that some parents, guardians and carers wish their child to carry a mobile telephone for reasons of personal safety as they travel to and from college, they must remain switched off and kept out of sight during the College Day. It is the policy of the College for all Key Stage 3 students to hand their mobile telephones to their form tutors at the beginning of each day.

The telephones are then securely stored until the end of the day when they are returned to the students. Please note that the College will not accept liability for the safe keeping of a mobile phone; it will remain the responsibility of the student at all times. Use of a mobile phone during college hours will lead to sanctions being imposed, up to and including confiscation.

### iPayimpact Account Reminder

Please be reminded to check your child's iPay account and ensure it is topped up with sufficient funds so that your child is able to order lunch and purchase food and drink items at break times

 <h2 style="text-align: center;">January - February 2023</h2>	
January	
Wednesday 11th	Diversity org Event
February	
Monday 13th to Friday 17th	Half term Break

	<b>Week Commencing: Monday 9th January</b> <b>MENU 4</b>
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MONDAY		
Meal Choice 1	Beef Lasagne with Fresh Salad	Halal
Meal Choice 2	Spaghetti Bolognese	Halal
Meal Choice 3	Spaghetti Bolognese	Non Halal
Meal Choice 4	Mediterranean Pasta Bake	Vegetarian
Meal Choice 5	Bolognese with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	Raspberry Jelly	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Chicken Sausages with Mashed Potatoes and Onion Gravy	Halal
Meal Choice 2	Beef Tikka Masala with Rice	Halal
Meal Choice 3	Beef Tikka Masala with Rice	Non Halal
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/Dairy Free
Vegetables	Carrots and Green Cabbage	
Dessert Choice	Jam and Coconut Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Chicken New Yorker with Jacket Potato	Halal
Meal Choice 2	Diced Lamb with Noodles and Vegetable Stir Fry	Halal
Meal Choice 3	Diced Lamb with Noodles and Vegetable Stir Fry	Non Halal
Meal Choice 4	Vegetable Stir Fry with Noodles	Vegetarian
Meal Choice 5	Diced Lamb with Vegetable Stir Fry	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	Vanilla Ice Cream with Peaches	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Mexican Chilli Mince Wraps	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 3	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 4	Cheese and Onion Tart	Vegetarian
Meal Choice 5	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Peas and White Cabbage	
Dessert Choice	Chocolate Sponge	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Cakes with Potato Wedges	
Meal Choice 2	Fish Fingers with Potato Wedges	
Meal Choice 3	Macaroni Cheese	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Roast Carrots and Cauliflower	
Dessert Choice	Custard Tart	Fresh Fruit and Yoghurts
Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily		

### Winter Wellness Directory

