



FRIDAY 24TH FEBRUARY 2023

CONTACT US ON

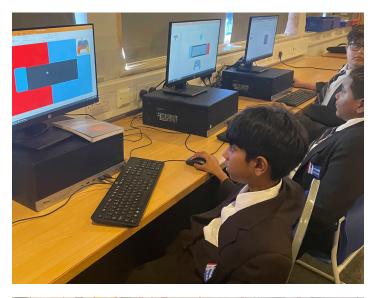
020 8573 1039

www.hewenscollege.co.uk

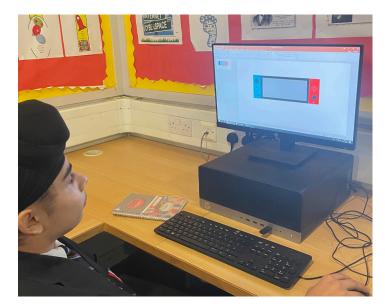
hewenscollege@trhat.org

Nintendo Switch

Our brilliant Year 7 students were tasked to create and design the famous console Nintendo Switch. They coded their own games on Scratch which they then put on their virtual Nintendo Switches. They were able to play their games on the computer which allowed them to tap into the "designer" and "coder" state of mind. They were brilliant and created some real masterpieces, which goes to show that the future of these learners is bright within the realms of technology.











Week Commencing: Monday 27th February

Open Evening

The Rosedale Hewens Academy Trust will be holding its annual Key Stage 3 Options Day on Tuesday 28th February, 2023. The next few months are an important time in your child's education. Students will be completing Key Stage 3 and need to make decisions about their Key Stage 4 education; looking closely at possible courses and pathways to follow.We have therefore been running a series of special assemblies to help students as they consider suitable option choices. To support this process, a range of additional activities will take place during Options Day on Tuesday 28th February, when the College is in session. This will include a Business Speed Event in which many professionals from the world of work will visit the College to talk about career pathways. Students will have the opportunity to ask questions so they can be well equipped to make the right choices for them. You and your child are invited to attend an information evening on Tuesday 28th February, to take place at Hewens College from 5:30pm until 7:30pm. This includes a formal talk which will provide you with a clear insight as to how Key Stage 4 study is organised and structured. You will have the opportunity to speak to staff about the range of courses available and the process of choosing options.Displays for each subject area will be available and provide all the relevant information needed for each individual student to make an informed decision about their future. In light of the above, please note that on Tuesday 28th February, Key Stage 3 students will be dismissed from Hewens College at 2:30pm. All other groups will finish College at the usual time of 4:00pm. Lessons will resume at the normal time at 8:45am on Wednesday 1st March.

Hillingdon's Warm Welcome Centres

Hillingdon's libraries and some faith and community buildings are offering residents a warm and friendly place to enjoy some company, buy a hot drink and get help and advice on how to stay warm and healthy during the colder winter days. Find your local Hillingdon Warm Welcome Centre and access the Winter Wellness Directory*, a useful guide to help you stay well throughout the colder months at: <u>https://www. hillingdon.gov.uk/warm-welcome-centres</u>



	MENU 2	
MONDAY		
Meal Choice 1	Lamb Patty with Mediterranean Vegetables, Pitta Bread and Yoghurt Dip	Halal
Meal Choice 2	Beef Meatball Pasta Bake	Halal
Meal Choice 3	Beef Meatball Pasta Bake	Non Halal
Meal Choice 4	Potato and Cheese Bake	Vegetarian
Meal Choice 5	Meatballs with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Cauliflower and Broccoli Florets	
Dessert Choice	Strawberry Mousse with Fresh Strawberries Fr	esh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Breaded Chicken Fillet with Boiled New Potatoes	Halal
Meal Choice 2	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 3	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Non Halal
Meal Choice 4	Creamy Pasta Bake	Vegetarian
Meal Choice 5	Lamb Patty with Rice	Gluten/Dairy Free
Vegetables	Peas and White Cabbage	1
Dessert Choice	Chocolate Sponge Fr	esh Fruit and Yoghurts
WEDNESDA	Y	
Meal Choice 1	Beef Meatballs in a Tomato Sauce with Spaghetti	Halal
Meal Choice 2	Chicken Carbonara with Spaghetti	Halal
Meal Choice 3	Chicken Carbonara with Spaghetti	Non Halal
Meal Choice 4	Quorn Mince Balls in a Tomato Sauce with Spaghetti	Vegetarian
Meal Choice 5	Baked Jacket Potato with Salad and Beans	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	1
Dessert Choice	Fruit Tarts Fr	esh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 3	Vegetable Tart	Vegetarian
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Meal Choice 4 Vegetables	Roast Chicken with Roast Potatoes and Gluten free Gravy Roast Carrots and Green Cabbage	Gluten/Dairy Free
	Roast Carrots and Green Cabbage	Gluten/Dairy Free
Vegetables	Roast Carrots and Green Cabbage	
Vegetables Dessert Choice	Roast Carrots and Green Cabbage	esh Fruit and Yoghurts
Vegetables Dessert Choice FRIDAY	Roast Carrots and Green Cabbage Vanilla Cheesecake Fr	esh Fruit and Yoghurts
Vegetables Dessert Choice FRIDAY Meal Choice 1	Roast Carrots and Green Cabbage Vanilla Cheesecake Fr Fish Fingers or Battered Chicken with Oven Baked Potato Ventor	esh Fruit and Yoghurts
Vegetables Dessert Choice FRIDAY Meal Choice 1 Meal Choice 2	Roast Carrots and Green Cabbage Vanilla Cheesecake Fr Fish Fingers or Battered Chicken with Oven Baked Potato We Beef Casserole with Rice	esh Fruit and Yoghurts edges Halal Vegetarian
Vegetables Dessert Choice FRIDAY Meal Choice 1 Meal Choice 2 Meal Choice 3	Roast Carrots and Green Cabbage Vanilla Cheesecake Fr Fish Fingers or Battered Chicken with Oven Baked Potato We Beef Casserole with Rice Vegetable and Cheese Pasta Bake Gluten free Fish Fingers with Gluten free Potato Wedges and	esh Fruit and Yoghurts edges Halal Vegetarian

