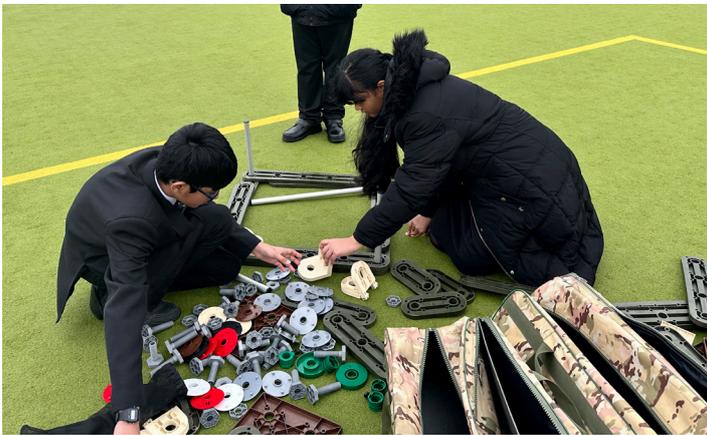


Army Visit

On Monday 20th March 2023, we had the pleasure of welcoming three Army Soldiers to Hewens College. Years 7, 8 and 9 took part in a STEM project where they worked in teams to build a catapult from different materials and then fire a tennis ball, measuring its distance. Students were engaged very well throughout the session and thoroughly enjoyed the experience. Every group collaborated well and displayed our college values in the correct way.



No Smoking, Vaping and Use of Electronic Cigarettes

Smoking constitutes a fire risk and is a proven hazard to our health. Although harmful to all, passive smoking is particularly dangerous for babies and children. Parents, guardians and carers are reminded that smoking, vaping and use of electronic cigarettes is strictly prohibited on the College grounds and is not permitted outside the College gates. Please support us in our duty of care for your child by ensuring that you adhere to our 'No Smoking' policy. Thank you.

The Ben Kinsella Trust Learning Zone - Knife Crime

Visit The Ben Kinsella Trust Learning Zone for free online lessons, useful downloads and videos to educate yourself on knife crime. Download the app to try the Knife-Wise quiz to test how much you know about knife crime! Do you really know what the consequences are of making a bad decision? Challenge your friends to see who is knife wise. Remember knowing the facts about knife crime could help save your life. https://learningzone.benkinsella.org.uk/?_ga=2.174346848.397348238.1679310531-1219206.1678981516



	March - April 2023	
MARCH		
Monday 27th	World Theatre Day	
Wednesday 29th	Carriculum Clinic	
APRIL		
Monday 3rd - Friday 14th	Term Holidays	
Monday 17th	Academic review	

	Week Commencing: Monday 27th March
MENU 2	

MONDAY		
Meal Choice 1	Lamb Patty with Mediterranean Vegetables, Pitta Bread and Yoghurt Dip	Halal
Meal Choice 2	Beef Meatball Pasta Bake	Halal
Meal Choice 3	Beef Meatball Pasta Bake	Non Halal
Meal Choice 4	Potato and Cheese Bake	Vegetarian
Meal Choice 5	Meatballs with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Cauliflower and Broccoli Florets	
Dessert Choice	Strawberry Mousse with Fresh Strawberries	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Breaded Chicken Fillet with Boiled New Potatoes	Halal
Meal Choice 2	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 3	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Non Halal
Meal Choice 4	Creamy Pasta Bake	Vegetarian
Meal Choice 5	Lamb Patty with Rice	Gluten/Dairy Free
Vegetables	Peas and White Cabbage	
Dessert Choice	Chocolate Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Beef Meatballs in a Tomato Sauce with Spaghetti	Halal
Meal Choice 2	Chicken Carbonara with Spaghetti	Halal
Meal Choice 3	Chicken Carbonara with Spaghetti	Non Halal
Meal Choice 4	Guorn Mince Balls in a Tomato Sauce with Spaghetti	Vegetarian
Meal Choice 5	Baked Jacket Potato with Salad and Beans	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	Fruit Tarts	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 3	Vegetable Tart	Vegetarian
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Roast Carrots and Green Cabbage	
Dessert Choice	Vanilla Cheesecake	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	
Meal Choice 2	Beef Casserole with Rice	Halal
Meal Choice 3	Vegetable and Cheese Pasta Bake	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Peas and Sweetcorn	
Dessert Choice	Apple Pie	Fresh Fruit and Yoghurts
Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily		

Free School Meals

'Free School Meals' is a statutory means-tested benefit, which provides a child with meals at school or college for free. If you believe you may be entitled to this benefit for your child, please attend the College reception and request an application form. The member of staff on reception will be able to advise any parents, guardians or carers who are unfamiliar with the process for claiming 'Free School Meals.' Please note that parents, guardians and carers must reapply each year for this benefit.