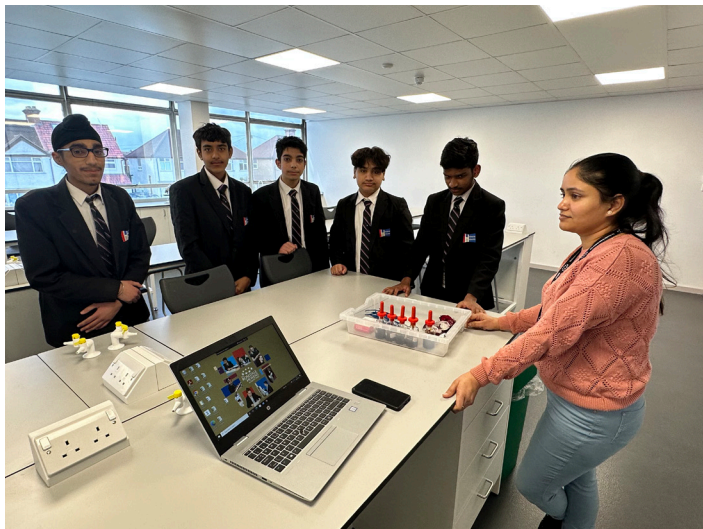


## Onion Slides

Our Year 10 students conducted a biology experiment to investigate onion slides using the light microscope. The investigation helped them to understand the organelles in a plant cell. The students participated with a lot of curiosity and enthusiasm throughout the experiment. We look forward to performing a lot of exciting experiments in future to encourage practical Science learning in Hewens College






## Public Health - Cases of Measles in Hillingdon

The local Public Health team has informed us that there has been a recent increase in the number of cases of Measles in Hillingdon. The cases all children aged 1 to 16, and all are unvaccinated. It is important that if a child is suspected of having measles, they do not attend school. They must telephone their GP or NHS 111. Measles is a notifiable disease which means all cases must be followed up, and contacts identified and given advice on what action they need to take. Please visit our website for more information: <https://www.hewenscollege.co.uk/latest-news/public-health-cases-of-measles-in-hillingdon>

## Year 11 Prom - Friday 14th July

Owing to its huge demand in previous years, we would like to remind students to confirm their attendance and secure their places promptly for the Year 11 Prom, taking place at Q Vardis on Friday 14th July 2023. This is a great opportunity for students to celebrate the culmination of their Year 11 experience, as they will look back and remember this milestone event for the rest of their lives. This year's lavish affair, where attention to detail will be paramount, will see our 2023 Leavers cohort creating extraordinary memories that will last a lifetime. We have a number of exciting events lined up for the evening; so, get your tickets and experience your one and only Prom in the most extraordinary way! Tickets are now available to purchase via iPayimpact. Please purchase your tickets by Friday 9th June 2023.



	
APRIL	
Friday 21st	Eid -ul- Fitr
April 22nd	Earth Day
April 25th	HPV Vaccination

	
Week Commencing: Monday 24th April	
MENU 3	
<b>MONDAY</b>	
Meal Choice 1	Chilli Con Carne with Pitta Bread or Rice
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Onion Gravy
Meal Choice 3	Chicken Sausages with Mashed Potatoes and Onion Gravy
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter
Vegetables	Carrots and Green Cabbage
Dessert Choice	Orange Jelly
<b>TUESDAY</b>	
Meal Choice 1	Chicken Tikka Masala with Rice
Meal Choice 2	Beef Lasagne with Fresh Salad
Meal Choice 3	Beef Lasagne with Fresh Salad
Meal Choice 4	Vegetarian Lasagne with Fresh Salad
Meal Choice 5	Minced Beef with Gluten free Pasta
Vegetables	Broccoli and Cauliflower Florets
Dessert Choice	Chocolate Mousse
<b>WEDNESDAY</b>	
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip
Meal Choice 2	Barbecue Grilled Chicken Breast with Rice
Meal Choice 3	Barbecue Grilled Chicken Breast with Rice
Meal Choice 4	Chickpea and Lentil Curry
Meal Choice 5	Barbecue Grilled Chicken Breast with Rice
Vegetables	French Beans and Sweetcorn
Dessert Choice	Apple Crumble
<b>THURSDAY</b>	
Meal Choice 1	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa
Meal Choice 2	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa
Meal Choice 3	Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa
Meal Choice 4	Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa
Vegetables	Baby Carrots and Peas
Dessert Choice	Vanilla Sponge with a Pineapple Ring and a Cherry
<b>FRIDAY</b>	
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges
Meal Choice 2	Salmon and Dill Fishcakes with Potato Wedges
Meal Choice 3	Chicken Fillet with Potato Wedges
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans
Vegetables	Broccoli and Mushy Peas
Dessert Choice	Chocolate Brownie Tray Bake
Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily	

## Night at the Musical - Thursday 27th

Join us at Rosedale College on Thursday 27th April at 7:00pm for A Night At The Musicals Dance Show! Our students have been working hard and put together a wonderful show for you all to see. Tickets are £4, and they will be available to purchase at the door on the night. Refreshments will be served from 6:30pm.

