



Hewens Road,  
Hayes, Middlesex, UB4 8JP



FRIDAY 8TH SEPTEMBER, 2023

CONTACT US ON



020 8573 1039



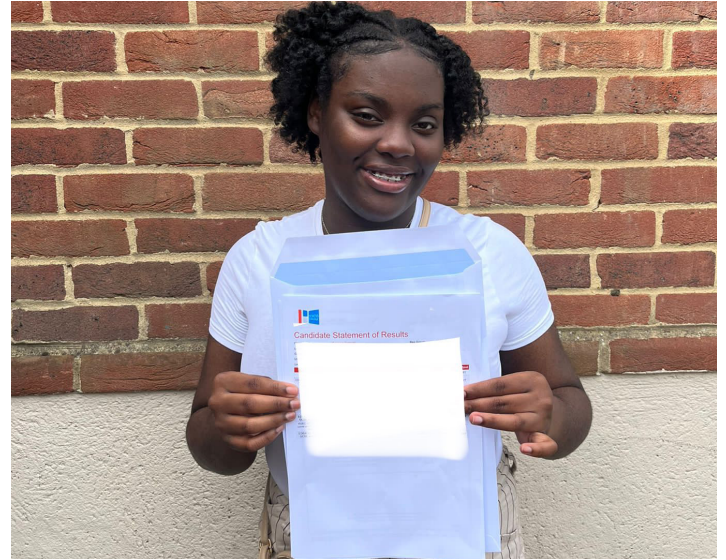
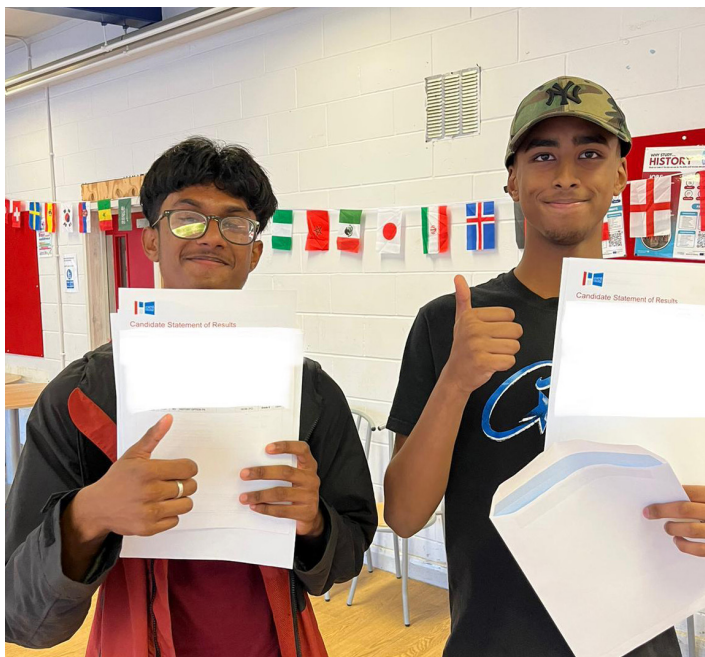
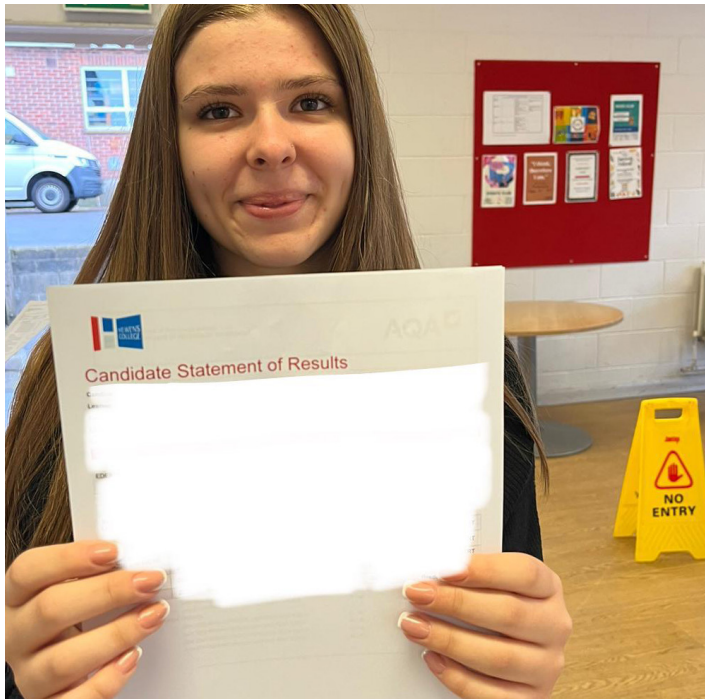
[www.hewenscollege.co.uk](http://www.hewenscollege.co.uk)



[hewenscollege@trhat.org](mailto:hewenscollege@trhat.org)

## GCSE Results Day

We are incredibly proud of our Year 11 students for achieving a great set of results. It was a pleasure to see such joy on their faces as the envelopes were opened and aspirations were being realised. We would also like to thank our dedicated team of teaching and support staff who have supported our students throughout the years, ensuring they are closer to achieving their personal goals.



## Welcome Back

A warm welcome back to our students from their summer holidays. We hope you all spent the time relaxing and enjoying yourselves with your families and friends.

Students returned to Hewens College this week with assemblies, presentations and induction activities. The objective is to support our students in finding a suitable routine that will allow them to focus and prepare themselves for the year ahead.



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## MyHealth Asthma Workshops

MyHealth are running FREE Asthma workshops for parents who have children with Asthma. These sessions are run by the Hillingdon Hospital asthma nurses giving you the chance to learn from health professionals and to ask them questions directly. Some of the content included in these sessions is:

- Asthma attacks
- Asthma triggers
- Inhaler techniques
- Asthma action plans

The workshop is run online using ZOOM you can register your FREE place [HERE](#).

<https://www.eventbrite.co.uk/e/myhealth-asthma-workshop-for-parents-children-tickets-191548726397>. All sessions are from 4 - 5pm and current dates are:

Monday 2nd October

Monday 6th November

Monday 4th December

You can also contact the MyHealth team on tel: 01895 543 437 or [nhsnwlcg.myhealth@nhs.net](mailto:nhsnwlcg.myhealth@nhs.net).

## College Uniform

The College uniform plays a valuable role in supporting positive behaviour for learning and contributes to the ethos of the College. All students are required to wear full college uniform when attending college for normal lessons, representing their college, or when participating in a college event outside normal college hours and on educational trips and visits.

Should there be an opportunity for the College to host an internal event, it is essential that students continue to project a positive image of the College. As such, all students are required to wear full college uniform in order to participate in special events.

<h3>SEPTEMBER to OCTOBER 2023</h3>	
SEPTEMBER	
Thursday 28th	Year 7 Open Evening
OCTOBER	
Monday 23rd to Friday 27th	Half Term

	<b>Week Commencing: Monday 11th September</b>	
	<b>MENU 1</b>	

MONDAY		
Meal Choice 1	Lamb Curry with Rice	Halal
Meal Choice 2	Teriyaki Chicken with Rice	Halal
Meal Choice 3	Teriyaki Chicken with Rice	Non Halal
Meal Choice 4	Baked Jacket Potato with Various Fillings	Vegetarian
Meal Choice 5	Gluten free Chicken Goujons with Potatoes and Beans	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	Strawberry Ice Cream and Fresh Strawberries	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Spaghetti Bolognese	Halal
Meal Choice 2	Tandoori Chicken Breast with White Rice	Halal
Meal Choice 3	Tandoori Chicken Breast with White Rice	Non Halal
Meal Choice 4	Ratatouille Spaghetti	Vegetarian
Meal Choice 5	Bolognese with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Carrots, Peas and White Cabbage	
Dessert Choice	Jam Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Tuna Pasta Bake	
Meal Choice 2	Chicken Tikka Masala with Rice	Halal
Meal Choice 3	Chicken Tikka Masala with Rice	Non Halal
Meal Choice 4	Macaroni Cheese	Vegetarian
Meal Choice 5	Lightly Spiced Chicken Breast with Rice	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	Lemon Tart	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Mexican Chilli Mince Wraps	Halal
Meal Choice 2	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Halal
Meal Choice 3	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Non Halal
Meal Choice 4	Cauliflower and Broccoli Cheese Bake	Vegetarian
Meal Choice 5	Turkey Escalope with Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Mushy Peas and Sweetcorn	
Dessert Choice	Strawberry Jelly	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Tomato Pasta Bake	Vegetarian
Meal Choice 3	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Baby Carrots and Peas	
Dessert Choice	Fresh Fruit Salad	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</i>		

## Open Evening

On Thursday 28th September we will be hosting our annual Year 7 Open Evening to all our prospective Year 7 students, providing students and their parents, guardians and carers with the opportunity to discover firsthand what is on offer at Hewens College. At this moment in time, we are unable to provide precise details as to whether this will be a virtual or an in-person event. As such, please visit the College website nearer to the time for finalised information and any changes in restrictions. We also encourage you to read our prospectus and follow our social media channels for an insight into life at Hewens College.