

Trip to Kew Garden

On Thursday 12th and Monday 16th of October, Year 7 and Year 8 students visited Kew Gardens. Upon arrival, students made their way to Palm House which is a greenhouse, where temperatures go up to 35 degrees with intense humidity! Even on the day, when it was 13 degrees outside, it was almost unbearably hot inside of the Greenhouse. Students were able to identify the different types of plants, from coffee to cocoa to vanilla plants and other tropical palms, it felt like walking in a rainforest. From there, students made their way to the Temperate House which had exhibitions of flowers, citrus plants and a display promoting the Queer Ecology found in plants. The flowers and indoor artificial waterfall garden was absolutely beautiful.

Next, students made their way to the Tree Top Walkway, which reaches about three stories high, requires 110 steps (or an elevator) to get to the top. Whilst at the top, students could feel the wind swaying the frame slightly. From up there, everything felt so distant and was easily caught in the moment. The Students then made their way to the Family Kitchen and shop for a well-deserved break.

Before returning back to college, students made their way past the pond which seemed to have tame Carp and Koi fish that playfully came nearer as visitors approached. The peacefulness and beauty have left so many students with a calm and retrospective feeling



Student Photograph Orders


The individual student photograph proofs have now been distributed to students to take home. Orders will be limited to online ordering, directly to Fraser Portraits via (https://orderphotos.co.uk/school_downloads), or over the phone at 01202 692433. You will be required to log in with your account details or enter your proof card identification/registration code to be able to make payments. Orders must be placed by Tuesday 31st October in order to receive free delivery back to the College. Please note that these will not be delivered until the beginning of November. Unfortunately, any order received after this date will need to be ordered directly to Fraser Portraits and will incur an additional surcharge of £4.00 per pack. For all orders placed after the deadline date, packs will be sent directly to your home address.

Leave of Absence

Student absence during term time will only be approved in exceptional circumstances. Any planned term time leave of absence in such circumstances, must be requested in writing to the Principal prior to any travel arrangements being made. If the absence is not approved, but taken, it will be recorded as unauthorised. Please be aware that unauthorised absences could result in the issue of a fixed penalty fine and/or prosecution by the Local Authority.

Emergency Contact Details

In the best interest of your child's wellbeing whilst at college, it is vitally important, that in the event of an emergency, we are able to make contact with you or another emergency contact, as quickly as possible. To this end, we would like to remind all parents, guardians and carers to keep your contact details updated with the College and to ensure that you provide up-to-date details of at least two other emergency contacts for your child.

 <h1>OCTOBER 2023</h1>	
OCTOBER	
Monday 23rd to Friday 27th	Half Term
Tuesday 31st	Student photograph Order Deadline

		Week Commencing: Monday 30th October	
MENU 3			
MONDAY			
Meal Choice 1	Chilli Con Carne with Pitta Bread or Rice	Halal	
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Onion Gravy	Halal	
Meal Choice 3	Chicken Sausages with Mashed Potatoes and Onion Gravy	Non Halal	
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian	
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/ Dairy Free	
Vegetables	Carrots and Green Cabbage		
Dessert Choice	Orange Jelly	Fresh Fruit and Yoghurts	
TUESDAY			
Meal Choice 1	Chicken Tikka Masala with Rice	Halal	
Meal Choice 2	Beef Lasagne with Fresh Salad	Halal	
Meal Choice 3	Beef Lasagne with Fresh Salad	Non Halal	
Meal Choice 4	Vegetarian Lasagne with Fresh Salad	Vegetarian	
Meal Choice 5	Minced Beef with Gluten free Pasta	Gluten/ Dairy Free	
Vegetables	Broccoli and Cauliflower Florets		
Dessert Choice	Chocolate Mousse	Fresh Fruit and Yoghurts	
WEDNESDAY			
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal	
Meal Choice 2	Barbecue Grilled Chicken Breast with Rice	Halal	
Meal Choice 3	Barbecue Grilled Chicken Breast with Rice	Non Halal	
Meal Choice 4	Chickpea and Lentil Curry	Vegetarian	
Meal Choice 5	Barbecue Grilled Chicken Breast with Rice	Gluten/ Dairy Free	
Vegetables	French Beans and Sweetcorn		
Dessert Choice	Apple Crumble	Fresh Fruit and Yoghurts	
THURSDAY			
Meal Choice 1	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Halal	
Meal Choice 2	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Non Halal	
Meal Choice 3	Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Vegetarian	
Meal Choice 4	Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa	Gluten/ Dairy Free	
Vegetables	Baby Carrots and Peas		
Dessert Choice	Vanilla Sponge with a Pineapple Ring and a Cherry	Fresh Fruit and Yoghurts	
FRIDAY			
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges		
Meal Choice 2	Salmon and Dill Fishcakes with Potato Wedges		
Meal Choice 3	Chicken Fillet with Potato Wedges	Halal	
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/ Dairy Free	
Vegetables	Broccoli and Mushy Peas		
Dessert Choice	Chocolate Brownie Tray Bake	Fresh Fruit and Yoghurts	
<p>Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</p>			

Available Support Services - Kooth

Kooth is an anonymous, safe, confidential and non-stigmatised way for young people aged between 11 and 25 to receive counselling, advice and support online. During this difficult time, it is a necessity to provide young people with as much mental health and wellbeing support as possible, thus Kooth works alongside various mental health and local services to provide a fully integrated service to best support young people free of charge. Please visit <https://www.hewenscollege.co.uk/99/announcements/announcement/221/announcement/?from=home> for further information.