HEWENS COLLEGE
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Hayes, Middlesex, UB4 8JP

COLLEGE NEWS

HC0238

FRIDAY 1ST DECEMBER, 2023

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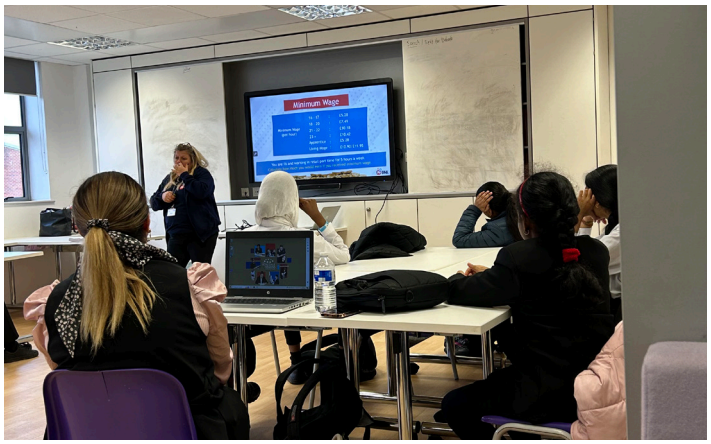
MYBNK Workshop

Year 7 and 8 students had the opportunity to take part in a workshop which was hosted by the Mathematics Alliance and facilitated by MYBNK. Students explored the cost of living, wages, income and also had fun making budgets. Students had fun learning how to differentiate needs from wants and were able to make good financial decisions based on different circumstances.



Mobile Telephones

Whilst the College accepts that some parents, guardians and carers wish their child to carry a mobile telephone for reasons of personal safety as they travel to and from college, they must remain switched off and kept out of sight during the College Day. It is the policy of the College for all Key Stage 3 students to hand their mobile telephones to their form tutors at the beginning of each day.

The mobile phones are then securely stored until the end of the day when they are returned to the students. Please note that the College will not accept liability for the safe keeping of a mobile phone; it will remain the responsibility of the student at all times. Use of a mobile phone during college hours will lead to sanctions being imposed, up to and including confiscation.

December 2023

DECEMBER	
Thursday 21st	Term Ends

Week Commencing: *Monday 4th December*

MENU 4

MONDAY		
Meal Choice 1	Beef Lasagne with Fresh Salad	**Halal**
Meal Choice 2	Spaghetti Bolognese	**Halal**
Meal Choice 3	Spaghetti Bolognese	**Non Halal**
Meal Choice 4	Mediterranean Pasta Bake	**Vegetarian**
Meal Choice 5	Bolognese with Gluten free Pasta	**Gluten/Dairy Free**
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	*Raspberry Jelly*	*Fresh Fruit and Yoghurts*
TUESDAY		
Meal Choice 1	Chicken Sausages with Mashed Potatoes and Onion Gravy	**Halal**
Meal Choice 2	Beef Tikka Masala with Rice	**Halal**
Meal Choice 3	Beef Tikka Masala with Rice	**Non Halal**
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	**Vegetarian**
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	**Gluten/Dairy Free**
Vegetables	Carrots and Green Cabbage	
Dessert Choice	*Jam and Coconut Sponge*	*Fresh Fruit and Yoghurts*
WEDNESDAY		
Meal Choice 1	Chicken New Yorker with Jacket Potato	**Halal**
Meal Choice 2	Diced Lamb with Noodles and Vegetable Stir Fry	**Halal**
Meal Choice 3	Diced Lamb with Noodles and Vegetable Stir Fry	**Non Halal**
Meal Choice 4	Vegetable Stir Fry with Noodles	**Vegetarian**
Meal Choice 5	Diced Lamb with Vegetable Stir Fry	**Gluten/Dairy Free**
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	*Vanilla Ice Cream with Peaches*	*Fresh Fruit and Yoghurts*
THURSDAY		
Meal Choice 1	Mexican Chilli Mince Wraps	**Halal**
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	**Halal**
Meal Choice 3	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	**Non Halal**
Meal Choice 4	Cheese and Onion Tart	**Vegetarian**
Meal Choice 5	Roast Chicken with Roast Potatoes and Gluten free Gravy	**Gluten/Dairy Free**
Vegetables	Peas and White Cabbage	
Dessert Choice	*Chocolate Sponge*	*Fresh Fruit and Yoghurts*
FRIDAY		
Meal Choice 1	Fish Cakes with Potato Wedges	
Meal Choice 2	Fish Fingers with Potato Wedges	
Meal Choice 3	Macaroni Cheese	**Vegetarian**
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	**Gluten/Dairy Free**
Vegetables	Roast Carrots and Cauliflower	
Dessert Choice	*Custard Tart*	*Fresh Fruit and Yoghurts*

Please note that all main meals are served with Fresh Vegetables of the Day.
Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily

Hillingdon's Warm Welcome Centres

Hillingdon's libraries and some faith and community buildings are offering residents a warm and friendly place to enjoy some company, buy a hot drink and get help and advice on how to stay warm and healthy during the colder winter days. Find your local Hillingdon Warm Welcome Centre and access the Winter Wellness Directory*, a useful guide to help you stay well throughout the colder months at: https://www.hillingdon.gov.uk/warm-welcome-centres