



FRIDAY 8TH DECEMBER, 2023

CONTACT US ON

C

020 8573 1039



www.hewenscollege.co.uk



hewenscollege@trhat.org

Geography Trip

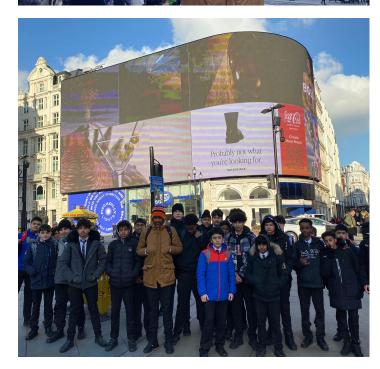
Year 9 had a privilege to go on a geography trip to festive sights of London.

The trip started from Uxbridge station where they boarded the tube for Piccadally circus from where the students walked towards Carnaby street whilst enjoying London Christmas festivities. They enjoyed looking at the giant advent calendar display on the windows of Fortnum and Mason. Student's enjoyed various London sights including Buckingham palace and everyone's favourite Hemleys. It was a great experience for the students to experience central London in Christmas spirit.









Mobile Telephones

Whilst the College accepts that some parents, guardians and carers wish their child to carry a mobile telephone for reasons of personal safety as they travel to and from college, they must remain switched off and kept out of sight during the College Day. It is the policy of the College for all Key Stage 3 students to hand their mobile telephones to their form tutors at the beginning of each day.

The mobile phones are then securely stored until the end of the day when they are returned to the students. Please note that the College will not accept liability for the safe keeping of a mobile phone; it will remain the responsibility of the student at all times. Use of a mobile phone during college hours will lead to sanctions being imposed, up to and including confiscation.



| Calendar 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 | Decembe | r 2023 | |
|---|---------|-------------------------------|--|
| DECEMBER | | | |
| Tuesday 12th | Year 7 | Year 7 Beck Theatre Pantomime | |
| Monday 18th | Year 1 | Year 12 &13 Ice Skating | |
| Thursday 21st | Term E | Ends | |



Week Commencing: Monday 11th December

MENU 1

| Meal Choice 2 | Lamb Curry with Rice | | |
|----------------|---|----------------------|--------------------|
| Meal Choice 2 | Lamb Curry with Rice | | |
| | | Lamb Curry with Rice | |
| Meal Choice 3 | Teriyaki Chicken with Rice | | Halal |
| | Teriyaki Chicken with Rice | | Non Halal |
| Meal Choice 4 | Baked Jacket Potato with Various Fillings | | Vegetarian |
| Meal Choice 5 | Gluten free Chicken Goujons with Potatoes and Beans | | Gluten/Dairy Free |
| Vegetables | Sweetcorn and Green Beans | | |
| Dessert Choice | Strawberry Ice Cream and Fresh Strawberries Fresh | | Fruit and Yoghurts |
| TUESDAY | | | |
| Meal Choice 1 | Spaghetti Bolognese | | Halal |
| Meal Choice 2 | Tandoori Chicken Breast with White Rice | | Halal |
| Meal Choice 3 | Tandoori Chicken Breast with White Rice | | Non Halal |
| Meal Choice 4 | Ratatouille Spaghetti | | Vegetarian |
| Meal Choice 5 | Bolognese with Gluten free Pasta | | Gluten/Dairy Free |
| Vegetables | Carrots, Peas and White Cabbage | | |
| Dessert Choice | Jam Sponge | Fresh | Fruit and Yoghurts |
| WEDNESDAY | · | | |
| Meal Choice 1 | Tuna Pasta Bake | | |
| Meal Choice 2 | Chicken Tikka Masala with Rice | | Halal |
| Meal Choice 3 | Chicken Tikka Masala with Rice | | Non Halal |
| Meal Choice 4 | Macaroni Cheese | | Vegetarian |
| Meal Choice 5 | Lightly Spiced Chicken Breast with Rice | | Gluten/Dairy Free |
| Vegetables | Broccoli and Cauliflower Florets | | |
| Dessert Choice | ice Lemon Tart Fresh | | Fruit and Yoghurts |
| THURSDAY | | | |
| Meal Choice 1 | Mexican Chilli Mince Wraps | | Halal |
| Meal Choice 2 | Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing | | Halal |
| Meal Choice 3 | Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing | | Non Halal |
| Meal Choice 4 | Cauliflower and Broccoli Cheese Bake | | Vegetarian |
| Meal Choice 5 | noice 5 Turkey Escalope with Potatoes and Gluten free Gravy | | Gluten/Dairy Free |
| Vegetables | Mushy Peas and Sweetcorn | | |
| Dessert Choice | Strawberry Jelly | Fresh | Fruit and Yoghurts |
| FRIDAY | | | |
| Meal Choice 1 | Fish Fingers with Oven Baked Potato Wedges | | |
| Meal Choice 2 | Tomato Pasta Bake | | Vegetarian |
| | Gluten free Fish Fingers with Gluten free Potato Wedges and Beans | | Gluten/Dairy Free |
| Vegetables | Baby Carrots and Peas | | |
| Dessert Choice | Fresh Fruit Salad | Fresh | Fruit and Yoghurts |

Hillingdon's Warm Welcome Centres

Hillingdon's libraries and some faith and community buildings are offering residents a warm and friendly place to enjoy some company, buy a hot drink and get help and advice on how to stay warm and healthy during the colder winter days. Find your local Hillingdon Warm Welcome Centre and access the Winter Wellness Directory*, a useful guide to help you stay well throughout the colder months at: https://www.hillingdon.gov.uk/warm-welcome-centres