



Hewens Road,
Hayes, Middlesex, UB4 8JP



FRIDAY 15TH DECEMBER, 2023

CONTACT US ON



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Rewards Disco

On Thursday 9th November 2023, we organised a reward for all of our fantastic students in Year 7 and 8 who have been exceptional during this past half term. The students thoroughly enjoyed their college Disco as they had worked hard in all aspects, particularly maintaining good punctuality and attendance. It was also noted that the standards of uniform remained impeccable, being role models and demonstrating positive attitudes to learning in each class. Students really enjoyed the evening, dancing along to popular songs. It was a well-deserved event for our students.



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Christmas Lunch

The Trust is delighted to be able to offer all students a free festive lunch on Tuesday 19th December, please see our delicious menu offer below!



CHRISTMAS MEAL
Secondary Students
Wednesday 14th December 2022

Mains
Roast Turkey
Pork Chipolata wrapped in smoked bacon
Rich Onion Gravy
Available in Halal and Non Halal

Vegetarian
3 x Mini Savoury Tarts


All Main Dishes Served With
Roasted Rosemary and Thyme Potatoes
Sage and Onion Stuffing
Yorkshire Pudding
Honey Glazed Baby Carrots
Baby Buttered Brussels sprouts

Dessert
Rich Chocolate Cake with a Caramel Fudge Sauce
Fresh Fruits and Yoghurts

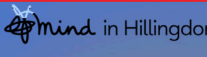


	<p style="text-align: center;">Week Commencing: <i>Monday 18th January</i></p> <p style="text-align: center;">MENU 2</p>
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MONDAY		
Meal Choice 1	Lamb Patty with Mediterranean Vegetables, Pitta Bread and Yoghurt Dip	Halal
Meal Choice 2	Beef Meatball Pasta Bake	Halal
Meal Choice 3	Beef Meatball Pasta Bake	Non Halal
Meal Choice 4	Potato and Cheese Bake	Vegetarian
Meal Choice 5	Meatballs with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Cauliflower and Broccoli Florets	
Dessert Choice	Strawberry Mousse with Fresh Strawberries	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Breaded Chicken Fillet with Boiled New Potatoes	Halal
Meal Choice 2	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 3	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Non Halal
Meal Choice 4	Creamy Pasta Bake	Vegetarian
Meal Choice 5	Lamb Patty with Rice	Gluten/Dairy Free
Vegetables	Peas and White Cabbage	
Dessert Choice	Chocolate Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Beef Meatballs in a Tomato Sauce with Spaghetti	Halal
Meal Choice 2	Chicken Carbonara with Spaghetti	Halal
Meal Choice 3	Chicken Carbonara with Spaghetti	Non Halal
Meal Choice 4	Guorn Mince Balls in a Tomato Sauce with Spaghetti	Vegetarian
Meal Choice 5	Baked Jacket Potato with Salad and Beans	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	Fruit Tarts	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 3	Vegetable Tart	Vegetarian
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Roast Carrots and Green Cabbage	
Dessert Choice	Vanilla Cheesecake	Fresh Fruit and Yoghurts
Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily		




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**WINTER WELLNESS
DIRECTORY**

Helping you live well this winter

Hillingdon's Warm Welcome Centres

Hillingdon's libraries and some faith and community buildings are offering residents a warm and friendly place to enjoy some company, buy a hot drink and get help and advice on how to stay warm and healthy during the colder winter days. Find your local Hillingdon Warm Welcome Centre and access the Winter Wellness Directory*, a useful guide to help you stay well throughout the colder months at: <https://www.hillingdon.gov.uk/warm-welcome-centres>

DECEMBER 2023	
	
Tuesday 14th	Christmas Dinner
Monday 18th	Year 12 & 13 Ice Skating
Thursday 21st	Term Ends