



Hewens Road,  
Hayes, Middlesex, UB4 8JP



FRIDAY 9TH FEBRUARY, 2024

CONTACT US ON



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[www.hewenscollege.co.uk](http://www.hewenscollege.co.uk)



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## Achievement Assemblies

Over the last week of the term, all year groups attended various Achievement Assemblies in recognition of their efforts. The assemblies celebrated the achievements of all students who had portrayed fantastic progress with respect to behaviour, attendance and accruing Alliance points. We would like to congratulate all the high achievers and hope that they continue to strive for continued excellence next term.



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# YEAR 8 OPTIONS EVENING

The Year 8 Options Evening will take place on Tuesday 27th February from **5:15pm**. Please visit <https://www.hewenscollege.co.uk> for an insight into Hewens College.

## Are you a Carer?

Hillingdon have released the attached guide to provide carers with more information on the support available from the Local Authority.

Hewens College: <https://www.hewenscollege.co.uk/latest-news/are-you-a-carer>

## Year 8 Options Day

The Rosedale Hewens Academy Trust will be holding its annual Year 8 Options Day on Tuesday 27th February, 2024. The next few months are an important time in your child's education. Students will now be starting to think about GCSE courses. We have therefore been running a series of special assemblies to help students as they consider suitable option choices. To support this process, a range of additional activities will take place during Options Day on Tuesday 27th February, when the College is in session. This will include two special assemblies from outside speakers. You and your child are invited to attend an information evening on Tuesday 27th February, to take place at Hewens College from 5:15pm until 6:30pm. This includes a formal talk which will provide you with a clear insight as to how Key Stage 4 study is organised and structured. The talk will take place at 6:00pm. Before this from 5:15pm to 6:00pm, you will have the opportunity to speak to staff and our Student Ambassadors about the range of courses available and the process of choosing options. Our Studio Colleges will be open for you to visit after our presentation. In light of the above, please note that on Tuesday 28th February, Year 8 students will be dismissed from College at 2:30pm. All other groups will finish College at the usual time of 4:00pm. Lessons will resume at the normal time of 8:45am on Wednesday 1st March.

## Mobile Telephones

Whilst the College accepts that some parents, guardians and carers wish their child to carry a mobile telephone for reasons of personal safety as they travel to and from college, they must remain switched off and kept out of sight during the College day. It is the policy of the College for all Key Stage 3 students to hand their mobile telephones to their form tutors at the beginning of each day. The telephones are then securely stored until the end of the day when they are returned to the students. Please note that the College will not accept liability for the safe keeping of a mobile phone; it will remain the responsibility of the student at all times. Use of a mobile phone during college hours will lead to sanctions being imposed, up to and including confiscation

 <h2 style="text-align: center;">February 2024</h2>	
February	
Monday 12th to Friday 15th	Half Term
Tuesday 27th	Year 8 Options

	<b>Week Commencing: Monday 19th February</b>	
	<b>MENU</b>	
<b>MONDAY</b>		
Meal Choice 1	Chilli Con Carne with Pitta Bread or Rice	Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Onion Gravy	Halal
Meal Choice 3	Chicken Sausages with Mashed Potatoes and Onion Gravy	Non Halal
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/Dairy Free
Vegetables	Carrots and Green Cabbage	
Dessert Choice	Orange Jelly	Fresh Fruit and Yoghurts
<b>TUESDAY</b>		
Meal Choice 1	Chicken Tikka Masala with Rice	Halal
Meal Choice 2	Beef Lasagne with Fresh Salad	Halal
Meal Choice 3	Beef Lasagne with Fresh Salad	Non Halal
Meal Choice 4	Vegetarian Lasagne with Fresh Salad	Vegetarian
Meal Choice 5	Minced Beef with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	Chocolate Mousse	Fresh Fruit and Yoghurts
<b>WEDNESDAY</b>		
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 2	Barbecue Grilled Chicken Breast with Rice	Halal
Meal Choice 3	Barbecue Grilled Chicken Breast with Rice	Non Halal
Meal Choice 4	Chickpea and Lentil Curry	Vegetarian
Meal Choice 5	Barbecue Grilled Chicken Breast with Rice	Gluten/Dairy Free
Vegetables	French Beans and Sweetcorn	
Dessert Choice	Apple Crumble	Fresh Fruit and Yoghurts
<b>THURSDAY</b>		
Meal Choice 1	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Halal
Meal Choice 2	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Non Halal
Meal Choice 3	Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Vegetarian
Meal Choice 4	Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa	Gluten/Dairy Free
Vegetables	Baby Carrots and Peas	
Dessert Choice	Vanilla Sponge with a Pineapple Ring and a Cherry	Fresh Fruit and Yoghurts
<b>FRIDAY</b>		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Salmon and Dill Fishcakes with Potato Wedges	
Meal Choice 3	Chicken Fillet with Potato Wedges	Halal
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Broccoli and Mushy Peas	
Dessert Choice	Chocolate Brownie Tray Bake	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</i>		



## Hillingdon's Warm Welcome Centres

H4All is delighted to share their Winter Wellness Directory 2024 with you and trusts you will find it useful.

Hewens College: <https://www.hewenscollege.co.uk/latest-news/winter-wellness-directory-2024>