



Hewens Road,
Hayes, Middlesex, UB4 8JP



FRIDAY 19TH JULY, 2024

CONTACT US ON



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Sports Day

Hewens College achieved fantastic wins at Sports Day, with a range of incredible performances across all the different disciplines. Our sports stars made us so proud of their achievements. Well done to all who took part and we look forward to winning more events in future. And, most importantly, having a great time



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KIDS MEALS

SUMMER HOLIDAY DEALS

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SUMMER HOLIDAY DEALS

- dobbies** Available everyday, children can enjoy a free children's breakfast with an adult traditional or full breakfast or a free child's hot meal or pick n mix lunch box with any adult main course. Children also receive a free child's drink.
- Dunelm** Pausa Cafe is offering a free kids menu for every £4 spent in their in-store cafes. Available all day, everyday.
- purezza** Children under the age of ten can get a free mini pizza with every full-paying adult, so the kids can get a slice of the fun too!
- Heathrow** Free children's meals are on offer at participating airport restaurants during eligible school holiday dates, including from 22nd July to the 1st September. Happy flying (and eating)!
- Hungry Horse Pubs** Every Monday, children can eat for £1 at Hungry Horse pubs. There are a variety of meals on offer including fish fingers, pasta and sausages as well as a variety of vegetarian and vegan options.
- IKEA** Affordable deals on meals for kids on Fridays. You can get the kids pasta or mac and cheese for just 95p from 11am. Other kids meals are also available for the higher price of £1.50.



KIDS MEALS

SUMMER HOLIDAY DEALS

- Hoxtons** Your children can eat for free at Albie, Chet's, Hox Grill and Rondo, which are all part of the London Hoxtons group. The offer is valid every weekend from 12pm - 5pm (and weekdays 12pm - 5pm throughout August) for kids under 10 years old with a dining adult.
- Morrisons** Children under 16 eat free at Morrisons cafe all day, every day when an adult spends £4.50 or more on a meal.
- Diner** Children under 10 can eat free from the kids menu when an adult purchases a main from the a la carte menu. Available all day, every day at all diners other than those on the A1, the kids menu includes classics like spaghetti tomato penne pasta, scampi and fries or filled jacket potatoes.
- Premier Inn** When an adult orders a full Premier Inn Breakfast - including freshly cooked bacon, eggs and hash browns - or a Meal Deal, up to two under 16s eat breakfast for free.
- Preto** Tantalise their taste buds with a free meal at Brazilian steakhouse Preto. Valid every weekday from 4pm, and all weekend, head to their website and download your Children Eat Free voucher before attending the restaurant.



KIDS MEALS

SUMMER HOLIDAY DEALS

- Sizzling Pub and Grill** Save money on a tea out at the Sizzling Pub and Grill where kids can eat for just £1 with a purchase of every adult meal Monday to Fridays from 3pm. The offer can't be used in conjunction with any other deal and all food must be ordered at the same time.
- TESCO** Available from Monday to Friday during school holidays kids (including from 22nd July to 30th August) can eat free at Tesco cafes when an adult makes any purchase in the cafe. Worth noting that this excludes weekends. You will also need your Clubcard and to check your local store is running the offer.
- FRIDAYS** Kids eat free all day everyday with the purchase of an adult main. To claim, you have to simply download their Stripes Rewards app - their customer loyalty scheme - to be able to claim the free meal.
- THE REAL GREEK** Visit The Real Greek on Sundays and you'll get one free kids' meal when each adult spends a minimum of £10 on their food. The offer includes a children's meal from the kids' menu (mezze or souvlaki wrap), plus a drink and ice cream or sorbet for dessert. Available to children under 12.
- YDI** Deal available from 1st July to 30th August. For every adult that spends £10, one child aged 12 or under gets a free kiddo bento box. If you spend £20, two kids can eat free and so on, with a maximum of three kids per booking able to eat free. The offer is valid Monday to Fridays. Offer is not available at YO!



KIDS MEALS

SUMMER HOLIDAY DEALS

- ANGUS STEAKHOUSE** Children under eight can eat free with a full-paying adult buying a main course on Fridays, Saturdays and Sunday in London.
- ASDA** Children aged 16 and under can eat for £1 when dining at any time of day in Asda Cafés.
- BEEFEATER** Two children, under the age of 16, eat free breakfast with any adult breakfast purchased for £10.99. Available 6:30am until 10:30am midweek and 7am until 11am at the weekend.
- BELLA ITALIA** Kids eat for £1 with the purchase of every adult main from 4-6pm on Sunday-Wednesdays. This offer applies to children between the ages of 2-11. On Thursdays, your little ones can eat for free all day when an adult main is purchased from the 'A La Carte' menu.
- BREWDOG** Children can eat for free with a paying adult all day, everyday, at all BrewDog bars in England, Scotland and Wales. The offer is available when you pre-book a table online and select the booking type 'KIDS EAT FREE!'
- Brewery Tap** If you order an adults' all-you-can-eat breakfast, AND your kids eat free, too! Two children under 16 eat for free when one adult order the £10.99 unlimited breakfast.



KIDS MEALS





















SUMMER HOLIDAY DEALS

Save money on eating out during the school holidays with these meal deals in restaurants across the UK - School's almost out for the summer this year, which means many of us will be thinking of ways to keep the children entertained, well-fed and active.

For many in schools in England and Wales, the summer holidays start from July 29th, and last until Monday 2nd September.

With money feeling tighter than ever thanks to the cost of living crisis, we've created a handy guide to places that let kids eat for free or just £1 over the summer school holidays, making eating out as a family easier and more affordable.

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Visit our website for more information: <https://trhat.co.uk/safer-stronger-swimmers-start-with-better/>

 <p style="text-align: center; font-size: 2em;">July 2024</p>	
July	
Friday 19th	Last day of the Term
Friday 19th	Early Staggered Dismissal

	<p>Week Commencing: Wednesday 4th September</p> <p>MENU 3</p>
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WEDNESDAY		
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 2	Barbecue Grilled Chicken Breast with Rice	Halal
Meal Choice 3	Barbecue Grilled Chicken Breast with Rice	Non Halal
Meal Choice 4	Chickpea and Lentil Curry	Vegetarian
Meal Choice 5	Barbecue Grilled Chicken Breast with Rice	Gluten/Dairy Free
Vegetables	French Beans and Sweetcorn	
Dessert Choice	Apple Crumble	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Halal
Meal Choice 2	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Non Halal
Meal Choice 3	Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Vegetarian
Meal Choice 4	Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa	Gluten/Dairy Free
Vegetables	Baby Carrots and Peas	
Dessert Choice	Vanilla Sponge with a Pineapple Ring and a Cherry	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Salmon and Dill Fishcakes with Potato Wedges	
Meal Choice 3	Chicken Fillet with Potato Wedges	Halal
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Broccoli and Mushy Peas	
Dessert Choice	Chocolate Brownie Tray Bake	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</i>		

End of Term

It has been a very busy and enjoyable end of term. We have celebrated Hewens College Culture Day and enjoyed a fantastic talent show. The students have been working incredibly hard and we have been proud of the successes they have had. We have had triumphs with our athletics teams who secured medals at the Borough Championships. Our student ambassadors have gone from strength to strength by supporting with our successful Year 6 Transition Evening. We enjoyed a fantastic Dance Show and Summer Festival working with Rosedale College. These are just a few of our highlights, please see our newsletters or follow us on Instagram @hewenscollege1 to learn more about the College. Just a gentle reminder, it is essential all students to return to the College after the summer break in complete college uniform with black school shoes (trainers will not be permitted). On Monday 2nd and Tuesday 3rd September will be staff training days. Wednesday 4th September will be the Year 7, 10 and 12 induction day and the Autumn term, for all other students, will commence at the normal time of 8:45am on Thursday 5th September 2024. We look forward to seeing everyone back refreshed and ready for the term ahead. We hope that you have a safe and enjoyable summer. We would like to take this opportunity to thank all parents, guardians and carers for your continued support.

Open Evening

On Thursday 26th September we will be hosting our annual Year 7 Open Evening to all our prospective Year 7 students, providing students and their parents, guardians and carers with the opportunity to discover first hand what is on offer at Hewens College. We also encourage you to read our prospectus and follow our social media channels for an insight into life at Hewens College.