



Hewens Road,
Hayes, Middlesex, UB4 8JP



FRIDAY 25TH OCTOBER, 2024

CONTACT US ON



020 8573 1039



www.hewenscollege.co.uk



hewenscollege@trhat.org

Humanities Trip

On Friday 18th October our lovely year 7 have had a very interesting time exploring different faiths in their local area. The students will now use this research to create a piece of work on how different faiths are represented in the community. Thank you to the Humanities Alliance for organising this wider learning opportunity.



Hewens Year 10 Public Speaking Workshop

Thank you Jack Petchey for organising fantastic Speak Out Challenge and building confidence in our Year 10 students. The students enjoyed showcasing their work and spoke passionately on a number of interesting topics. Well done to all the Year 10 who participated.



Hewens College Wishes you Happy Diwali



FOLLOW US ON



@hewenscollege1



@HewensCollege

Sixth Form Open Evening - Tuesday 5th November 2024

Join us at the Sixth Form Open Evening on Tuesday 5th November, at 5:30pm to 7:15pm at Rosedale College.

We would love for you to visit us to experience 'A day in the life of a Sixth Form Student @ The Rosedale Hewens Academy Trust', to see the wide range of courses we have on offer in person. For more information and to book your spot, please visit:

<https://www.therosedalehewensacademytrust.co.uk/sixthformopenevening>

ROSEDALE HEWENS ACADEMY TRUST
 'One day I will be...'
 'Today I have the choice to be...'

ACCOUNTANT BIOLOGIST ENGINEER POLITICIAN ARTIST
 PHILOSOPHER COPYWRITER TRADER SOLICITOR

SIXTH FORM OPEN EVENING
 LOCATION: ROSEDALE COLLEGE | 5:30PM to 7:15PM
 TUESDAY 5TH NOVEMBER 2024
www.therosedalehewensacademytrust.co.uk/sixthformopenevening

PE Kit

Physical activity is integral to the good health of our students and thus, suitable Physical Education (PE) kit is essential in ensuring that students access the PE national curriculum to its potential, and participate safely and comfortably in physical activity at college. Students are not permitted to attend college in their PE kits on the days they have PE; they must arrive in full college uniform and change for PE on site.

It has also come to our attention that a small number of students are attending college without the correct PE kit. PE is a compulsory activity that all students must take part in and to ensure the safety of students, it is paramount that they wear the correct clothing.

This consists of a red polo shirt, red socks both with the College logo on each item, all of which are compulsory, as well as a pair of trainers (any brand and colour).

Students also have the choice of wearing either the Hewens tracksuit or the Hewens shorts; other branded tracksuits and hoodies are strictly prohibited. If students do not attend in their full PE kit, they will not be able to engage in the practical lesson, and will receive the appropriate sanctions in accordance with our policy.

 <h2 style="text-align: center;">October 2024</h2>	
October	
Monday 28th - 1st November	Term Holidays
1st November	Diwali

	Week Commencing: Monday 4th November MENU 2
---	--

MONDAY		
Meal Choice 1	Lamb Patty with Mediterranean Vegetables, Pitta Bread and Yoghurt Dip	Halal
Meal Choice 2	Beef Meatball Pasta Bake	Halal
Meal Choice 3	Beef Meatball Pasta Bake	Non Halal
Meal Choice 4	Potato and Cheese Bake	Vegetarian
Meal Choice 5	Meatballs with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Cauliflower and Broccoli Florets	
Dessert Choice	Strawberry Mousse with Fresh Strawberries	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Breaded Chicken Fillet with Boiled New Potatoes	Halal
Meal Choice 2	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 3	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Non Halal
Meal Choice 4	Creamy Pasta Bake	Vegetarian
Meal Choice 5	Lamb Patty with Rice	Gluten/Dairy Free
Vegetables	Peas and White Cabbage	
Dessert Choice	Chocolate Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Beef Meatballs in a Tomato Sauce with Spaghetti	Halal
Meal Choice 2	Chicken Carbonara with Spaghetti	Halal
Meal Choice 3	Chicken Carbonara with Spaghetti	Non Halal
Meal Choice 4	Guorn Mince Balls in a Tomato Sauce with Spaghetti	Vegetarian
Meal Choice 5	Baked Jacket Potato with Salad and Beans	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	Fruit Tarts	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 3	Vegetable Tart	Vegetarian
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Roast Carrots and Green Cabbage	
Dessert Choice	Vanilla Cheesecake	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	
Meal Choice 2	Beef Casserole with Rice	Halal
Meal Choice 3	Vegetable and Cheese Pasta Bake	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Peas and Sweetcorn	
Dessert Choice	Apple Pie	Fresh Fruit and Yoghurts
Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily		

Available Support Services - Kooth

Kooth is an anonymous, safe, confidential and nonstigmatised way for young people aged between 11 and 25 to receive counselling, advice and support online. During this difficult time, it is a necessity to provide young people with as much mental health and wellbeing support as possible, thus Kooth works alongside various mental health and local services to provide a fully integrated service to best support young people free of charge. Please visit [\[https://www.hewenscollege.co.uk/99/announcements/announcement/221/announcement/?from=home\]](https://www.hewenscollege.co.uk/99/announcements/announcement/221/announcement/?from=home) for further information.