



## Hezron Brown

Our Year 9 students welcomed Hezron Brown, who led a workshop about the important topic of bullying, delivering his thought provoking lived experience. Hezron along with Shaquill, gave inspiring speeches, strategies and advice to engage our students. He told of his journey from a homeless teenager and active gang member in Birmingham, to a professional actor, Pride of Britain award winner and motivational speaker. He told his story with complete honesty and our students were engaged throughout the assembly.



## New Apprenticeship Opportunities

It's Apprenticeship Week! We're thrilled to announce two fantastic new opportunities at The Rosedale Hewens Academy Trust!

We're on the hunt for an ambitious Business Administrative Assistant, and an enthusiastic Customer Service Assistant, to join our team immediately. You will work, learn and earn in one of our settings and attend training to complete your certificate at Uxbridge College.

Do you have a love for business, a strong career focus, and need some assistance with gaining practical experience?

Do you thrive in collaborative environments and have excellent communication and organisation abilities?... If so, don't miss out on this incredible opportunity to advance your career with us!

Seize the Opportunity to Learn and Earn! ☐ This is your chance to gain valuable qualifications while earning an income.

Visit our website to apply online:

<https://www.therosedalehewensacademytrust.co.uk/apprenticeships>

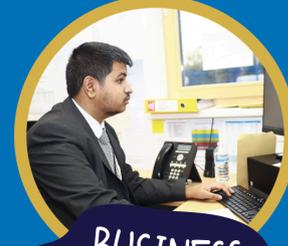


# NEW APPRENTICESHIP VACANCIES!

## Seize the Opportunity to Learn and Earn!



**CUSTOMER SERVICE ASSISTANT**



**BUSINESS ADMINISTRATOR ASSISTANT**

# Visit our website to APPLY NOW!

[www.therosedalehewensacademytrust.co.uk/apprenticeships](http://www.therosedalehewensacademytrust.co.uk/apprenticeships)



 <h2 style="font-family: cursive;">February 2025</h2>	
February	
Monday 3rd - Sunday 9th	Children's Mental Health Week
Tuesday 11th	Safer Internet Day
Thursday 13th	World Radio Day
Friday 14th	Valentines Day

	<p><b>Week Commencing: Monday 10th February</b></p> <h2 style="margin: 0;">MENU 2</h2>
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MONDAY		
Meal Choice 1	Lamb Patty with Mediterranean Vegetables, Pitta Bread and Yoghurt Dip	Halal
Meal Choice 2	Beef Meatball Pasta Bake	Halal
Meal Choice 3	Beef Meatball Pasta Bake	Non Halal
Meal Choice 4	Potato and Cheese Bake	Vegetarian
Meal Choice 5	Meatballs with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Cauliflower and Broccoli Florets	
Dessert Choice	Strawberry Mousse with Fresh Strawberries	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Breaded Chicken Fillet with Boiled New Potatoes	Halal
Meal Choice 2	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 3	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Non Halal
Meal Choice 4	Creamy Pasta Bake	Vegetarian
Meal Choice 5	Lamb Patty with Rice	Gluten/Dairy Free
Vegetables	Peas and White Cabbage	
Dessert Choice	Chocolate Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Beef Meatballs in a Tomato Sauce with Spaghetti	Halal
Meal Choice 2	Chicken Carbonara with Spaghetti	Halal
Meal Choice 3	Chicken Carbonara with Spaghetti	Non Halal
Meal Choice 4	Guorn Mince Balls in a Tomato Sauce with Spaghetti	Vegetarian
Meal Choice 5	Baked Jacket Potato with Salad and Beans	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	Fruit Tarts	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 3	Vegetable Tart	Vegetarian
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Roast Carrots and Green Cabbage	
Dessert Choice	Vanilla Cheesecake	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	
Meal Choice 2	Beef Casserole with Rice	Halal
Meal Choice 3	Vegetable and Cheese Pasta Bake	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Peas and Sweetcorn	
Dessert Choice	Apple Pie	Fresh Fruit and Yoghurts
Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily		

## Children's Mental Health Week

Place2Be's Children's Mental Health Week 2025 is joining forces with Here4You to explore the importance of self-awareness and expressing emotions. Here4You is supported by The Walt Disney Company, and through the characters of Pixar's Inside Out and Inside Out 2, they have produced resources to encourage children and young people across the UK to discover how getting to know who they are can help them build resilience, grow and develop. Help us explore the theme of Know Yourself, Grow Yourself. Visit our website for top tips and creative activities to enjoy with your children at home <https://www.therosedalehewensacademytrust.co.uk/place-2-be-know-yourself-grow-yourself>

