



FRIDAY 7TH MARCH, 2025

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## Year 8 Options Evening

On Tuesday 4th March, Hewens College welcomed students, parents, guardians and carers to our Year 8 Options Evening. It was incredible to see our visitors exploring the fantastic subjects that The Rosedale Hewens Academy Trust has to offer and getting expert advice from our brilliant teachers. This is an exciting time for our Year 8 students. Whether they dream of becoming a lawyer, a teacher, a West End performer, a nurse, an electrician, a TV producer, working in the media, or even an engineer or computer scientist, the Trust is here to give them the foundations they need to succeed.









## Year 11 Prom - Register Your Interest by Friday 7th

March 2025
We are excited to announce we are calling all Year 11 Students to register their interest for the Year 11 Prom! Our Year 11 Students have been asked to register their interest in attending this years Prom within their form group. They have until Friday 7th March to let us know if they would, or wouldn't like to attend. This is a chance to celebrate and look back on achievements with friends, creating a memory to cherish for a lifetime!

Details on the Prom are below:

Date: Friday 11th July 2025

Location: Pinewood Hotel

Registration Deadline: Friday 7th March 2025

Unfortunately, if we do not have enough interest, we may have to consider cancelling the Prom. Please do ensure your child registers their interest in time.



| Calendar<br>1 1 1 4 4<br>1 1 4 4 5<br>1 1 1 1 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 | March 2025                      |
|---|---------------------------------|
| February  |                                 |
| Monday 3rd - Friday 14th  | Year 11 Mock Examinations       |
| Tuesday 11th  | Virtual Parents Online Workshop |
| Friday 21st   | World Poetry Day                |



Week Commencing: Monday 10th March

MENU 3

| Chilli Con Carne with Pitta Bread or Rice  |  | Halal   |
|--|--|---|
| Chicken Sausages with Mashed Potatoes and Onion Gravy  |  | Halal   |
| Chicken Sausages with Mashed Potatoes and Onion Gravy  |  | Non Halal   |
| Vegetarian Sausages with Mashed Potatoes and Onion Gravy   |  | Vegetarian  |
| Gluten free Pork Sausages with Mashed Potatoes without Milk or<br>Butter                         |  | Gluten/Dairy Fre  |
| Carrots and Green Cabbage  |  |   |
| Orange Jelly Fresh Frui  |  | t and Yoghurts  |
|  |  |   |
| Chicken Tikka Masala with Rice   |  | Halal   |
| Beef Lasagne with Fresh Salad  |  | Halal   |
| Beef Lasagne with Fresh Salad  |  | Non Halal   |
| Vegetarian Lasagne with Fresh Salad  |  | Vegetarian  |
| Minced Beef with Gluten free Pasta   |  | Gluten/Dairy Fre  |
| Broccoli and Cauliflower Florets   |  | , ,   |
| Chocolate Mousse   | Fresh Fruit  | t and Yoghurts  |
| 1  |  |   |
| Lamb Koftas with Rice and a Yogurt and Cucumber Dip  |  | Halal   |
| Barbecue Grilled Chicken Breast with Rice  |  | Halal   |
| Barbecue Grilled Chicken Breast with Rice  |  | Non Halal   |
| Chickpea and Lentil Curry  |  | Vegetarian  |
| Barbecue Grilled Chicken Breast with Rice  |  | Gluten/Dairy Fre  |
| French Beans and Sweetcorn   |  |   |
| Apple Crumble  | Fresh Frui   | t and Yoghurts  |
|  |  |   |
| Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa                 |  | Halal   |
| Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa                 |  | Non Halal   |
| Roast Mediterranean Vegatables in Pitta Bread with Oven Cooked<br>Potato Slices and Tomato Salsa |  | Vegetarian  |
| Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa                                    |  | Gluten/Dairy Fre  |
| Baby Carrots and Peas  |  |   |
| Vanilla Sponge with a Pineapple Ring and a Cherry Fresh Fru                                      |  | t and Yoghurts  |
|  |  |   |
| Fish Fingers with Oven Baked Potato Wedges   |  |   |
| Salmon and Dill Fishcakes with Potato Wedges   |  |   |
| Chicken Fillet with Potato Wedges  |  | Halal   |
| Gluten free Fish Fingers with Gluten free Potato Wedges and Beans                                |  | Gluten/Dairy Fre  |
| Broccoli and Mushy Peas  |  |   |
| ert Choice Chocolate Brownie Tray Bake Fresh Frui  |  | t and Yoghurts  |
|  | Chicken Sausages with Mashed Potatoes and Onion Gray. Chicken Sausages with Mashed Potatoes and Onion Gray. Vegetarian Sausages with Mashed Potatoes and Onion Gray. Vegetarian Sausages with Mashed Potatoes without Butter Carrots and Green Cabbage  Orange Jelly  Chicken Tikka Masala with Rice Beef Lasagne with Fresh Salad Beef Lasagne with Fresh Salad Wegetarian Lasagne with Fresh Salad Minced Beef with Gluten free Pasta Broccoli and Cauliflower Florets  Chocolate Mousse  Lamb Koftas with Rice and a Yogurt and Cucumber Dip Barbecue Grilled Chicken Breast with Rice Barbecue Grilled Chicken Breast with Rice Chickpea and Lentil Curry Barbecue Grilled Chicken Breast with Rice French Beans and Sweetcorn  Apple Crumble  Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Tomato Salsa Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Tomato Salsa Cajun Chicken with Oven Cooked Potato Slices and Tomate Baby Carrots and Peas  Vanilla Sponge with a Pineapple Ring and a Cherry  Fish Fingers with Oven Baked Potato Wedges Salmon and Dill Fishcakes with Potato Wedges Salmon and Dill Fishcakes with Gluten free Potato Wedges Gluten free Fish Fingers with Gluten free Potato Wedges Gluten free Fish Fingers with Gluten free Potato Wedges Broccoli and Mushy Peas  Chocolate Brownie Tray Bake | Chicken Sausages with Mashed Potatoes and Onion Gravy Chicken Sausages with Mashed Potatoes and Onion Gravy Vegetarian Sausages with Mashed Potatoes and Onion Gravy Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter Carrots and Green Cabbage  Orange Jelly Fresh Fruit Chicken Tikka Masala with Rice Beef Lasagne with Fresh Salad Beef Lasagne with Fresh Salad Wegetarian Lasagne with Fresh Salad Minced Beef with Gluten free Pasta Broccoli and Cauliflower Florets Chocolate Mousse Fresh Fruit  Lamb Koftas with Rice and a Yogurt and Cucumber Dip Barbecue Grilled Chicken Breast with Rice Barbecue Grilled Chicken Breast with Rice Chickpea and Lentil Curry Barbecue Grilled Chicken Breast with Rice French Beans and Sweetcorn Apple Crumble  Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa Baby Carrots and Peas Vanilla Sponge with a Pineapple Ring and a Cherry Fresh Fruit Fish Fingers with Oven Baked Potato Wedges Salmon and Dill Fishcakes with Potato Wedges Gluten free Fish Fingers with Gluten free Potato Wedges and Beans Broccoli and Mushy Peas |

## Join the Great Cable Challenge! Time to Tidy Up Those Tangled Cables...

