



Hewens Road,
Hayes, Middlesex, UB4 8JP



FRIDAY 12TH SEPTEMBER, 2024

CONTACT US ON



020 8573 1039



www.hewenscollege.co.uk



hewenscollege@trhat.org

Welcome Year 7

A huge welcome to our incredible Year 7 students who have truly impressed us this week by settling into life at Hewens College with fantastic energy and positivity. Our new Year 7 cohort have taken their first steps on an exciting secondary school journey, embracing the challenges and opportunities ahead with enthusiasm. We are proud of how well they have adapted and look forward to supporting them throughout their time with us.



FOLLOW US ON



@hewenscollege1



@HewensCollege

Punctuality

We would like to remind parents, guardians and carers of the importance of all students having a positive start to their day by arriving at college at 8:45am.

All students are expected to be in college for morning registration at time. If you receive a communication from the College that your child has been late on more than one occasion, please discuss this with them and support them so that they arrive at college on time. Students who are persistently late will be referred to the Educational Welfare Officer.

College Uniform

The College uniform plays a valuable role in supporting positive behaviour for learning and contributes to the ethos of the College. All students are required to wear full college uniform when attending college for normal lessons, representing their college, or when participating in a college event outside normal college hours and on educational trips and visits.

Should there be an opportunity for the College to host an internal event, it is essential that students continue to project a positive image of the College.

As such, all students are required to wear full college uniform in order to participate in special events.

Physical Education Kit

Physical activity is integral to the good health of our students and thus, suitable Physical Education (PE) kit is essential in ensuring that students access the PE national curriculum to its potential, and participate safely and comfortably in physical activity at college. Students are not permitted to attend college in their PE kits on the days they have PE; they must arrive in full college uniform and change for PE on site.

It has also come to our attention that a small number of students are attending college without the correct PE kit. PE is a compulsory activity that all students must take part in and to ensure the safety of students, it is paramount that they wear the correct clothing.

This consists of a red polo shirt, red socks both with the College logo on each item, all of which are compulsory, as well as a pair of trainers (any brand and colour).

Students also have the choice of wearing either the Hewens tracksuit or the Hewens shorts; other branded tracksuits and hoodies are strictly prohibited. If students do not attend in their full PE kit, they will not be able to engage in the practical lesson, and will receive the appropriate sanctions in accordance with our policy.

| | |
|--|--------------------------|
|  <h1 style="text-align: center;">September 2025</h1> | |
| September | |
| Thursday 25th | Open Evening |
| Friday 26th | Mc Millan Coffee morning |

| | |
|---|--|
|  | Week Commencing: Monday 15th September MENU 4 |
|---|--|

| MONDAY | | |
|---|---|--------------------------|
| Meal Choice 1 | Beef Lasagne with Fresh Salad | Halal |
| Meal Choice 2 | Spaghetti Bolognese | Halal |
| Meal Choice 3 | Spaghetti Bolognese | Non Halal |
| Meal Choice 4 | Mediterranean Pasta Bake | Vegetarian |
| Meal Choice 5 | Bolognese with Gluten free Pasta | Gluten/Dairy Free |
| Vegetables | Broccoli and Cauliflower Florets | |
| Dessert Choice | Raspberry Jelly | Fresh Fruit and Yoghurts |
| TUESDAY | | |
| Meal Choice 1 | Chicken Sausages with Mashed Potatoes and Onion Gravy | Halal |
| Meal Choice 2 | Beef Tikka Masala with Rice | Halal |
| Meal Choice 3 | Beef Tikka Masala with Rice | Non Halal |
| Meal Choice 4 | Vegetarian Sausages with Mashed Potatoes and Onion Gravy | Vegetarian |
| Meal Choice 5 | Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter | Gluten/Dairy Free |
| Vegetables | Carrots and Green Cabbage | |
| Dessert Choice | Jam and Coconut Sponge | Fresh Fruit and Yoghurts |
| WEDNESDAY | | |
| Meal Choice 1 | Chicken New Yorker with Jacket Potato | Halal |
| Meal Choice 2 | Diced Lamb with Noodles and Vegetable Stir Fry | Halal |
| Meal Choice 3 | Diced Lamb with Noodles and Vegetable Stir Fry | Non Halal |
| Meal Choice 4 | Vegetable Stir Fry with Noodles | Vegetarian |
| Meal Choice 5 | Diced Lamb with Vegetable Stir Fry | Gluten/Dairy Free |
| Vegetables | Sweetcorn and Green Beans | |
| Dessert Choice | Vanilla Ice Cream with Peaches | Fresh Fruit and Yoghurts |
| THURSDAY | | |
| Meal Choice 1 | Mexican Chilli Mince Wraps | Halal |
| Meal Choice 2 | Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy | Halal |
| Meal Choice 3 | Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy | Non Halal |
| Meal Choice 4 | Cheese and Onion Tart | Vegetarian |
| Meal Choice 5 | Roast Chicken with Roast Potatoes and Gluten free Gravy | Gluten/Dairy Free |
| Vegetables | Peas and White Cabbage | |
| Dessert Choice | Chocolate Sponge | Fresh Fruit and Yoghurts |
| FRIDAY | | |
| Meal Choice 1 | Fish Cakes with Potato Wedges | |
| Meal Choice 2 | Fish Fingers with Potato Wedges | |
| Meal Choice 3 | Macaroni Cheese | Vegetarian |
| Meal Choice 4 | Gluten free Fish Fingers with Gluten free Potato Wedges and Beans | Gluten/Dairy Free |
| Vegetables | Roast Carrots and Cauliflower | |
| Dessert Choice | Custard Tart | Fresh Fruit and Yoghurts |
| Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily | | |

Open Evening

On Thursday 25th September we will be hosting our annual Year 7 Open Evening to all our prospective Year 7 students, starting at 5:30pm with the Principal's speech at 6:30pm. The evening provides students and their parents, guardians and carers with the opportunity to discover first-hand what is on offer at Hewens College. We also encourage you to read our prospectus and follow our social media channels for an insight into life at Hewens College..