



Hewens Road,  
Hayes, Middlesex, UB4 8JP



FRIDAY 1ST OCTOBER , 2021

CONTACT US ON



020 8573 1039



[www.hewenscollege.co.uk](http://www.hewenscollege.co.uk)



[hewenscollege@trhat.org](mailto:hewenscollege@trhat.org)

## Sports Activity

Year 8 students have been participating in two new sports this half term. It was try time for the boys who took part in the scrum and line-out in rugby with their first experience enabling them to develop multiple sports skills and principles including teamwork, respect and discipline, as well as adopt traditional rugby drills. Feedback received from students has been positive, and they are excited to put into practice the skills learnt into a friendly fixture in the near future.

The girls also enjoyed friendly competition in handball, building their overall enjoyment of sport as they stepped up the intensity, complexity and speed of the game, all whilst focusing on basic motor skills and hand-eye coordination.



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## Free School Meals – Application Process

'Free School Meals' is a statutory means-tested benefit, which provides a child with meals at school for free. If you believe your child may be newly entitled to this benefit, or if they received it last year and you would like to reapply, please attend the College Reception and request an application form.

The College Reception will also be able to advise any parents, guardians or carers who are unfamiliar with the process for claiming 'Free School Meals'. The Free School Meals benefit does not automatically renew; it must be reapplied for each academic year. It is important to note that until your child has been confirmed as receiving the Free School Meals benefit, their school lunches must be paid for.

## Precautionary Measures for Coronavirus

Please note that although it is not mandatory, students are still encouraged to wear face masks, maintain social distancing and perform regular handwashing throughout the day. In addition to these precautionary measures, the College are also anticipating the provision of the new carbon dioxide monitors launched by the government.

The programme will provide sufficient monitors to take readings from across indoor spaces within the College to allow staff to identify where ventilation needs to be improved and let fresh air in, therefore removing air that contains virus particles and reducing the transmission of COVID-19.

Please note, we have updated our Coronavirus - Advice and Guidance page with this information. To keep updated with the latest guidelines and the new implementations made around the College, please visit: <https://www.hewenscollege.co.uk/129/coronavirus-advice-and-guidance>.

## Student Photograph Orders

The individual student photograph proofs have now been received by the College and will be provided per child by Monday 4th October to take home.

Orders will be limited to online ordering, directly to Fraser Portraits via [https://orderphotos.co.uk/school\\_downloads](https://orderphotos.co.uk/school_downloads), or over the phone at 01202 692433. You will be required to log in with your account details or enter your proof card identification/registration code to be able to make payments.

Orders must be placed by Monday 18th October in order to receive free delivery back to the College. Please note that these will not be delivered until the beginning of November.

Unfortunately, any order received after this date will need to be ordered directly to Fraser Portraits and will incur an additional surcharge of £4.00 per pack. For all orders placed after the deadline date, packs will be sent directly to your home address.



October 2021

October

Monday 25th to Friday 29th

Half Term

		<b>Week Commencing: <i>Monday 4th October</i></b>	
<b>MENU 2</b>			
<b>MONDAY</b>			
Meal Choice 1	Lamb Patty with Mediterranean Vegetables, Pitta Bread and Yoghurt Dip	Halal	
Meal Choice 2	Beef Meatball Pasta Bake	Halal	
Meal Choice 3	Beef Meatball Pasta Bake	Non Halal	
Meal Choice 4	Potato and Cheese Bake	Vegetarian	
Meal Choice 5	Meatballs with Gluten free Pasta	Gluten/Dairy Free	
Vegetables	Cauliflower and Broccoli Florets		
Dessert Choice	<i>Strawberry Mousse with Fresh Strawberries</i>	<i>Fresh Fruit and Yoghurts</i>	
<b>TUESDAY</b>			
Meal Choice 1	Breaded Chicken Fillet with Boiled New Potatoes	Halal	
Meal Choice 2	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal	
Meal Choice 3	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Non Halal	
Meal Choice 4	Creamy Pasta Bake	Vegetarian	
Meal Choice 5	Lamb Patty with Rice	Gluten/Dairy Free	
Vegetables	Peas and White Cabbage		
Dessert Choice	<i>Chocolate Sponge</i>	<i>Fresh Fruit and Yoghurts</i>	
<b>WEDNESDAY</b>			
Meal Choice 1	Beef Meatballs in a Tomato Sauce with Spaghetti	Halal	
Meal Choice 2	Chicken Carbonara with Spaghetti	Halal	
Meal Choice 3	Chicken Carbonara with Spaghetti	Non Halal	
Meal Choice 4	Quorn Mince Balls in a Tomato Sauce with Spaghetti	Vegetarian	
Meal Choice 5	Baked Jacket Potato with Salad and Beans	Gluten/Dairy Free	
Vegetables	Sweetcorn and Green Beans		
Dessert Choice	<i>Fruit Tarts</i>	<i>Fresh Fruit and Yoghurts</i>	
<b>THURSDAY</b>			
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal	
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal	
Meal Choice 3	Vegetable Tart	Vegetarian	
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free	
Vegetables	Roast Carrots and Green Cabbage		
Dessert Choice	<i>Vanilla Cheesecake</i>	<i>Fresh Fruit and Yoghurts</i>	
<b>FRIDAY</b>			
Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges		
Meal Choice 2	Beef Casserole with Rice	Halal	
Meal Choice 3	Vegetable and Cheese Pasta Bake	Vegetarian	
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free	
Vegetables	Peas and Sweetcorn		
Dessert Choice	<i>Apple Pie</i>	<i>Fresh Fruit and Yoghurts</i>	
<i>Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</i>			

## The Vaccination Programme in Schools

As you are aware, the roll out of the coronavirus (COVID-19) vaccination programme has been extended to all 12 to 15 year olds. The vaccination programme will be facilitated in the forthcoming weeks with NHS staff attending Hewens College to administer the vaccination to each student who has returned their signed consent form.

Please note, we have updated our Coronavirus - Advice and Guidance page with this information. Please visit <https://www.hewenscollege.co.uk/129/coronavirus-advice-and-guidance> for access to a range of leaflets and Frequently Asked Questions (FAQs) to enable you to make an informed decision about your child's vaccination. Please also read the letter that was distributed in September: <https://bit.ly/2XJ6QBG>.