



Hewens Road,
Hayes, Middlesex, UB4 8JP



FRIDAY 10TH OCTOBER, 2025

CONTACT US ON



020 8573 1039



www.hewenscollege.co.uk



hewenscollege@trhat.org

Mock Interview Day

Year 10 and Year 11 students had an incredible day taking part in mock interviews. Our business professionals were blown away by the confidence, skills, and qualities our students showcased. The day marked a huge step in preparing for life beyond college, and we are so proud of all the students who participated. Some very successful students walked away with apprenticeship opportunities which will give them a positive direction and make them ready for their bright future. A huge thank you to Mr Botham for organising the day, Ms Webb from EDT for her never ending support of careers provision at Hewens College and all the business professionals who took their precious time out to meet with our students.



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STUDENT PHOTOGRAPHS - Monday 13TH October

A photographer from Fraser Portraits will attend the College on Monday 13th October to take student photographs. Please ensure that your child attends dressed smartly in full college uniform.

FLU VACCINATION - Monday 20TH October

On Monday 20th October, the NHS Immunisation Team will carry out the Nasal Flu Vaccinations at Hewens College. Kindly indicate or decline your consent via link below

<https://nwl.schoolvaccination.uk/flu/2025/Hillingdon>

If you have any questions or concerns, please contact the vaccination team via email on

hillingdon@v-uk.co.uk or their phone number 0208 150 1220

College Uniform

The College uniform plays a valuable role in supporting positive behaviour for learning and contributes to the ethos of the College. All students are required to wear full college uniform when attending college for normal lessons, representing their college, or when participating in a college event outside normal college hours and on educational trips and visits. Should there be an opportunity for the College to host an internal event, it is essential that students continue to project a positive image of the College. As such, all students are required to wear full college uniform in order to participate in special events.

Home/College Communication

We believe that strong communication links between the College and parents, guardians and carers are vital in supporting students in achieving their personal best. Research has shown that students' academic progress achievements are significantly influenced by the extent of parental involvement and interest in their education. The College communicates with parents, guardians and carers in a variety of different ways:

- Verbal: in meetings, by telephone
- Events: information evenings, open evening, academic tutoring
- Written: letters, notes in planners, newsletters
- Electronic: notices posted on the College website, text messages and email

Results from the latest surveys indicate that the majority of our parents, guardians and carers are happy with the quality and quantity of home/college communication. However, if you have any suggestions for further improving communications, please let us know as we are always receptive to new ideas and initiatives.

 <h2 style="text-align: center;">October 2025</h2>	
September	
Monday 13th	College Photograph
Monday 20th	Flu Vaccination

	Week Commencing: Monday 13th October MENU 4
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MONDAY		
Meal Choice 1	Beef Lasagne with Fresh Salad	Halal
Meal Choice 2	Spaghetti Bolognese	Halal
Meal Choice 3	Spaghetti Bolognese	Non Halal
Meal Choice 4	Mediterranean Pasta Bake	Vegetarian
Meal Choice 5	Bolognese with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	Raspberry Jelly	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Chicken Sausages with Mashed Potatoes and Onion Gravy	Halal
Meal Choice 2	Beef Tikka Masala with Rice	Halal
Meal Choice 3	Beef Tikka Masala with Rice	Non Halal
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/Dairy Free
Vegetables	Carrots and Green Cabbage	
Dessert Choice	Jam and Coconut Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Chicken New Yorker with Jacket Potato	Halal
Meal Choice 2	Diced Lamb with Noodles and Vegetable Stir Fry	Halal
Meal Choice 3	Diced Lamb with Noodles and Vegetable Stir Fry	Non Halal
Meal Choice 4	Vegetable Stir Fry with Noodles	Vegetarian
Meal Choice 5	Diced Lamb with Vegetable Stir Fry	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	Vanilla Ice Cream with Peaches	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Mexican Chilli Mince Wraps	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 3	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 4	Cheese and Onion Tart	Vegetarian
Meal Choice 5	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Peas and White Cabbage	
Dessert Choice	Chocolate Sponge	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Cakes with Potato Wedges	
Meal Choice 2	Fish Fingers with Potato Wedges	
Meal Choice 3	Macaroni Cheese	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Roast Carrots and Cauliflower	
Dessert Choice	Custard Tart	Fresh Fruit and Yoghurts
Please note that all main meals are served with Fresh Vegetables of the Day, Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily		

Kooth

Kooth is an anonymous, safe, confidential and non stigmatised way for young people aged between 11 and 25 to receive counselling, advice and support online. During this difficult time, it is a necessity to provide young people with as much mental health and wellbeing support as possible, thus Kooth works alongside various mental health and local services to provide a fully integrated service to best support young people free of charge. Please visit [\[https://www.hewenscollege.co.uk/99/announcements/announcement/221/announcement/?from=home\]](https://www.hewenscollege.co.uk/99/announcements/announcement/221/announcement/?from=home) for further information.