HEWENS COLLEGE
Hewens Road,
Hayes, Middlesex, UB4 8JP

COLLEGE NEWS

HC0326

FRIDAY 6TH NOVEMBER 2026

CONTACT US ON | 020 8573 1039 | www.hewenscollege.co.uk | hewenscollege@trhat.org

Year 7 Bring the Norman Conquest to Life!

As part of their History learning last half term, Year 7 explored the Norman Conquest of 1066 and discovered how William the Conqueror changed England, including the introduction of impressive Norman castles. To build on their classroom learning, Year 7 were set the creative challenge of producing their very own Norman Castles for their half-term homework. Students were encouraged to put themselves in the shoes of medieval reporters, sharing fascinating facts about Norman castles, their construction, their defensive features and the important role they played in securing Norman power. There has been some fantastic creativity, research and effort on display. Well done to everyone in Year 7 for bringing history to life through their work!



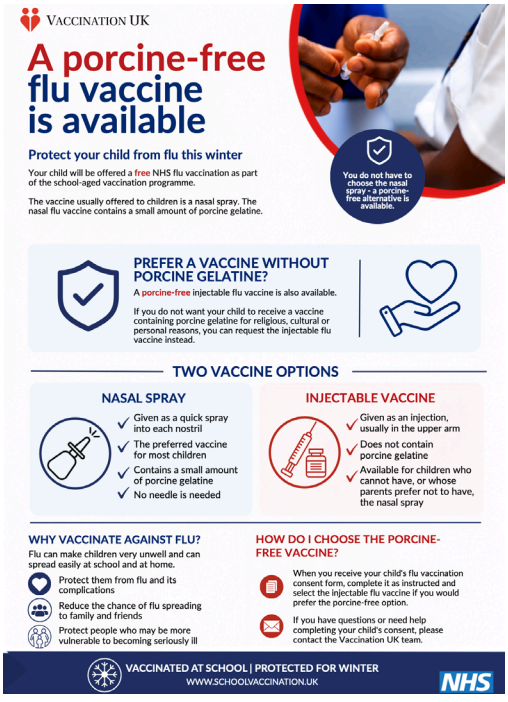




Free NHS flu vaccinations at school

Help protect your child and those around them from flu this winter. The NHS School Aged Immunisation Service will be offering eligible children their free flu vaccination at school. Getting vaccinated helps protect your child and can also reduce the spread of flu to family, friends and the wider community. A porcine-gelatine-free injectable alternative to the nasal spray is available for families who prefer this option.

For more information visit our website: https://www.therosedalehewensacademytrust.co.uk/news-and-events-1/latest-news/free-nhs-flu-vaccination-at-school



Winter Festival 2026

Join us for the Winter Festival, an exciting evening of live music and dance performed by our talented students. This year's theme, "The Epic Winter Show", promises a fantastic celebration of creativity and performance. The show will take place on Wednesday 9th December 2026 and Thursday 10th December 2026 at Hewens College, with refreshments available from 5:45pm and the performance starting at 6:30pm. Tickets will be available to purchase via iPay, so please keep an eye out for further information. We look forward to welcoming you for what is sure to be a wonderful festive event!





November 2026

November	
Sunday 8th	Diwali / Bandi Chhor Divas
Monday 9th	Flu Vaccination

Week Commencing: *Monday 9th November*

MENU 2

MONDAY		
Meal Choice 1	Lamb Patty with Mediterranean Vegetables, Pitta Bread and Yoghurt Dip	**Halal**
Meal Choice 2	Beef Meatball Pasta Bake	**Halal**
Meal Choice 3	Beef Meatball Pasta Bake	**Non Halal**
Meal Choice 4	Potato and Cheese Bake	**Vegetarian**
Meal Choice 5	Meatballs with Gluten free Pasta	**Gluten/Dairy Free**
Vegetables	Cauliflower and Broccoli Florets	
Dessert Choice	*Strawberry Mousse with Fresh Strawberries*	*Fresh Fruit and Yoghurts*
TUESDAY		
Meal Choice 1	Breaded Chicken Fillet with Boiled New Potatoes	**Halal**
Meal Choice 2	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	**Halal**
Meal Choice 3	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	**Non Halal**
Meal Choice 4	Creamy Pasta Bake	**Vegetarian**
Meal Choice 5	Lamb Patty with Rice	**Gluten/Dairy Free**
Vegetables	Peas and White Cabbage	
Dessert Choice	*Chocolate Sponge*	*Fresh Fruit and Yoghurts*
WEDNESDAY		
Meal Choice 1	Beef Meatballs in a Tomato Sauce with Spaghetti	**Halal**
Meal Choice 2	Chicken Carbonara with Spaghetti	**Halal**
Meal Choice 3	Chicken Carbonara with Spaghetti	**Non Halal**
Meal Choice 4	Quorn Mince Balls in a Tomato Sauce with Spaghetti	**Vegetarian**
Meal Choice 5	Baked Jacket Potato with Salad and Beans	**Gluten/Dairy Free**
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	*Fruit Tarts*	*Fresh Fruit and Yoghurts*
THURSDAY		
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	**Halal**
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	**Non Halal**
Meal Choice 3	Vegetable Tart	**Vegetarian**
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	**Gluten/Dairy Free**
Vegetables	Roast Carrots and Green Cabbage	
Dessert Choice	*Vanilla Cheesecake*	*Fresh Fruit and Yoghurts*
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	
Meal Choice 2	Beef Casserole with Rice	**Halal**
Meal Choice 3	Vegetable and Cheese Pasta Bake	**Vegetarian**
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	**Gluten/Dairy Free**
Vegetables	Peas and Sweetcorn	
Dessert Choice	*Apple Pie*	*Fresh Fruit and Yoghurts*

Please note that all main meals are served with Fresh Vegetables of the Day.
Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily

